

Staffel-Aufstellungen

19.01.2020

1 2003

Wolfgang	7,195	0:32:30	04:31,0
Manfred	5	0:22:30	04:30,0
Wolle	10	0:39:00	03:54,0
Jürgen	5	0:21:41	04:20,2
Jens	10	0:42:35	04:15,5
Bernd	5	0:21:12	04:14,4
	42,195	2:59:28	04:15,2

2 2004

Wolfgang	7,195	0:32:28	04:30,8
Hubert	5	0:22:06	04:25,1
Wolle	10	0:38:22	03:50,2
Jürgen	5	0:22:22	04:28,4
Jens	10	0:42:49	04:16,9
Manfred	5	0:22:02	04:24,5
	42,195	3:00:09	04:16,2

3 2005

Peter H.	7,195	0:30:07	04:11,1
Wolfgang	5	0:22:48	04:33,5
Wolle	10	0:39:32	03:57,2
Jürgen	5	0:21:37	04:19,5
Jens	10	0:42:52	04:17,2
Manni	5	0:22:10	04:26,1
	42,195	2:59:06	04:14,7

4 2006

Manfred	7,195	0:32:19	04:29,5
Urban	5	0:20:48	04:09,6
Wolle	10	0:40:42	04:04,2
Wolfgang	5	0:23:07	04:37,4
Peter H.	10	0:44:38	04:27,8
Jens	5	0:20:47	04:09,4
	42,195	3:02:21	04:19,3

5 2007

Wolfgang	7,195	0:32:24	04:30,2
Manfred	5	0:22:53	04:34,6
Peter H.	10	0:43:10	04:19,0
Hubert	5	0:21:49	04:21,8
Jürgen	10	0:45:35	04:33,5
Jens	5	0:20:53	04:10,6
	42,195	3:06:44	04:25,5

6 2008

Bernd	7,195	0:31:31	04:22,8
Wolfgang	5	0:22:36	04:31,2
Wolle	10	0:39:05	03:54,5
Hubert	5	0:22:17	04:27,4
Peter H.	10	0:43:21	04:20,1
Jens	5	0:21:16	04:15,2
	42,195	3:00:06	04:16,1

2009

7 Bernd	7,195	0:32:02	04:27,1
Jürgen	5	0:22:45	04:33,0
Wolle	10	0:42:50	04:17,0
Manfred	5	0:23:02	04:36,4
Jens	10	0:45:16	04:31,6
Peter H.	5	0:22:07	04:25,4
	42,195	3:08:02	04:27,4

Staffel-Aufstellungen

19.01.2020

8 2011

Hubert	7,195	0:33:28	04:39,1
Wolfgang	5	0:24:43	04:56,6
Peter H.	10	0:42:26	04:14,6
Wolle	5	0:21:13	04:14,6
Bernd	10	0:46:54	04:41,4
Jürgen	5	0:23:37	04:43,4
42,195	3:12:21	04:33,5	

9 2012

Peter H.	7,195	0:29:54	04:09,3
Wolfgang	5	0:24:20	04:52,0
Wolle	10	0:41:30	04:09,0
Heribert	5	0:21:31	04:18,2
Urban	10	0:40:51	04:05,1
Jens	5	0:20:38	04:07,6
42,195	2:58:44	04:14,2	

10 2014

Peter H.	7,195	0:31:00	04:18,5
Peter P.	5	0:24:45	04:57,0
Wolle	10	0:44:33	04:27,3
Wolfgang	5	0:23:28	04:41,6
Heribert	10	0:47:05	04:42,5
Peter H.	5	0:25:09	05:01,8
42,195	3:16:00	04:38,7	

11 2015

	Strecke	Zeit	Pace	Startzeit
Wolfgang	7,195	0:35:07	04:52,8	10:40:00
Peter P.	5	0:25:39	05:07,8	11:15:07
Peter H.	10	0:46:50	04:41,0	11:40:46
Jens	5	0:23:25	04:41,0	12:27:36
Wolle	10	0:44:50	04:29,0	12:51:01
Heribert	5	0:22:06	04:25,2	13:35:51
42,195	3:17:57	04:41,5	13:57:57	

12 2019

	Strecke	Zeit	Pace	Startzeit
Wolfgang	7,195	0:35:22	04:54,9	10:15:00
Hubert	5	0:27:20	05:28,0	10:50:22
Peter H.	10	0:44:59	04:29,9	11:17:42
Simon H.	5	0:29:08	05:49,6	12:02:41
Peter H.	10	0:47:06	04:42,6	12:31:49
Peter P.	5	0:27:20	05:28,0	13:18:55
42,195	3:31:15	05:00,4	13:46:15	

13 2020

	Strecke	Zeit	Pace	Startzeit
Mirco	7,195	0:31:58	04:26,6	10:15:00
Wolfgang	5	0:25:48	05:09,6	10:46:58
Ralf	10	0:47:09	04:42,9	11:12:46
Peter P.	5	0:27:28	05:29,6	11:59:55
Wolle	10	0:44:45	04:28,5	12:27:23
Jens	5	0:22:49	04:33,8	13:12:08
42,195	3:19:57	04:44,3	13:34:57	