

27. GSV Porz Winterserie 2011 - 2. Wettkampftag 06.02. \* 1.000 m

| Pl<br>Kl./Rang | Name, Vorname           | Verein/Ort           | Zeit  | Jg |   |     |   |
|----------------|-------------------------|----------------------|-------|----|---|-----|---|
| 1.             | Frericks, Melvin        | GSV Porz             | 03:22 | 97 | M | 14  | 1 |
| 2.             | Morawe, Jean Cederic    | LC Euskirchen        | 03:29 | 95 | M | JgB | 1 |
| 3.             | Kolberg, Lennert        | Trikids Tus Ahrweile | 03:38 | 98 | M | 13  | 1 |
| 4.             | Sommer, Tobias          | SV Bergisch Gladbach | 03:43 | 98 | M | 13  | 2 |
| 5.             | Zehnpfennig, Damian     | Berg. Gladbach       | 03:44 | 96 | M | 15  | 1 |
| 6.             | Göx, Richard            | TSV Bayer Leverkusen | 03:46 | 00 | M | 11  | 1 |
| 7.             | Baier, Mara             | ASV St.Augustin      | 03:46 | 97 | W | 14  | 1 |
| 8.             | Benda, Sarah            | ASV St.Augustin      | 03:48 | 97 | W | 14  | 2 |
| 9.             | Harff, Leander          | Rheinbach            | 03:51 | 99 | M | 12  | 1 |
| 10.            | Zalica, Jannik          | Don Bosco Schule     | 03:52 | 00 | M | 11  | 2 |
| 11.            | Chitunga, Vedasto       | ASV St.Augustin      | 03:52 | 98 | M | 13  | 3 |
| 12.            | Tacke, Simon            | SV Bergisch Gladbach | 03:54 | 97 | M | 14  | 2 |
| 13.            | Stein, Jannik           | VFL Engelskirchen    | 03:55 | 01 | M | 10  | 1 |
| 14.            | Ziese, Gian-Luca        | BSV Weissenturm      | 03:56 | 97 | M | 14  | 3 |
| 15.            | Prüß, Sven Eric         | ASV Sankt Augustin   | 03:56 | 00 | M | 11  | 3 |
| 16.            | Brandenberg, Jara       | Trikids Tus Ahrweile | 03:57 | 99 | W | 12  | 1 |
| 17.            | Tiepol, Jan Niklas      | SV Bergisch Gladbach | 03:58 | 99 | M | 12  | 2 |
| 18.            | Müller, Louisa          | ASV St.Augustin      | 04:00 | 99 | W | 12  | 2 |
| 19.            | Sheriff, Nonkoh         | GSV Porz             | 04:01 | 97 | M | 14  | 4 |
| 20.            | Schulz, Ole             | SV Bergisch Gladbach | 04:02 | 99 | M | 12  | 3 |
| 21.            | Cramer, lEric 1         | SV Bergisch Gladbach | 04:02 | 99 | M | 12  | 4 |
| 22.            | Wolfgarten, Pascal      | GSV Porz             | 04:04 | 99 | M | 12  | 5 |
| 23.            | Kolberg, Mastie         | Trikids Tus Ahrweile | 04:05 | 99 | W | 12  | 3 |
| 24.            | Eckhoff, Philipp        | Neukirchen TV 1886 L | 04:08 | 01 | M | 10  | 2 |
| 25.            | Lehr, Marten            | TSV Bayer Leverkusen | 04:09 | 02 | M | 9   | 1 |
| 26.            | Benda, Alexandre        | ASV St.Augustin      | 04:09 | 99 | M | 12  | 6 |
| 27.            | Sandmeier, Joelle       | GSV Porz             | 04:10 | 00 | W | 11  | 1 |
| 28.            | Schieberle, Anne        | TSV Bayer leverkusen | 04:12 | 00 | W | 11  | 2 |
| 29.            | Schulz, Mala            | SV Bergisch Gladbach | 04:12 | 99 | W | 12  | 4 |
| 30.            | Nohn, Soeren            | Trikids Tus Ahrweile | 04:13 | 00 | M | 11  | 4 |
| 31.            | Scheilz, Sven           | TV Neunkirchen 1908  | 04:13 | 02 | M | 9   | 2 |
| 32.            | Ludwig, Daniel          | Trikids Tus Ahrweile | 04:15 | 96 | M | 15  | 2 |
| 33.            | Bauer, Adil             | Trikids Tus Ahrweile | 04:16 | 02 | M | 9   | 3 |
| 34.            | Amian, Lukas            | Neukirchen TV 1886 L | 04:16 | 01 | M | 10  | 3 |
| 35.            | Trimborn, Isabelle      | GSV Porz             | 04:17 | 97 | W | 14  | 3 |
| 36.            | Carstens, Nika          | ASV Sankt Augustin   | 04:17 | 02 | W | 9   | 1 |
| 37.            | Cirpka, Heidi           | Neukirchen TV 1886 L | 04:18 | 01 | W | 10  | 1 |
| 38.            | Dürscheidt, Jan         | Köln-Porz            | 04:20 | 00 | M | 11  | 5 |
| 39.            | Tack, Matthias          | Team Laufcampus      | 04:20 | 98 | M | 13  | 4 |
| 40.            | Höffer, Meret           | ASV St.Augustin      | 04:22 | 98 | W | 13  | 1 |
| 41.            | Fitter, Niklas          | ASV St.Augustin      | 04:22 | 02 | M | 9   | 4 |
| 42.            | Simons, Carina          | SSG Königswinter     | 04:23 | 20 | W | 80  | 1 |
| 43.            | Reifenberger, Josefine  | ASV St.Augustin      | 04:24 | 99 | W | 12  | 5 |
| 44.            | Hahn, Lucas             | Lohmar               | 04:24 | 00 | M | 11  | 6 |
| 45.            | Bramer, Hendrik         | SV Bergisch Gladbach | 04:27 | 00 | M | 11  | 7 |
| 46.            | Sommer, Florian         | SV Bergisch Gladbach | 04:28 | 96 | M | 15  | 3 |
| 47.            | Husch, Florian          | Köln-Porz            | 04:29 | 98 | M | 13  | 5 |
| 48.            | Sturm, Martin           | SV Bergisch Gladbach | 04:30 | 00 | M | 11  | 8 |
| 49.            | Benamer Belkacem, Louni | Trikids Tus Ahrweile | 04:31 | 01 | M | 10  | 4 |
| 50.            | Höffer, Anton           | ASV St.Augustin      | 04:32 | 00 | M | 11  | 9 |
| 51.            | Uschwa, Leon            | Don Bosco Schule     | 04:33 | 01 | M | 10  | 5 |
| 52.            | Fink, Alicia            | SV Bergisch Gladbach | 04:33 | 97 | W | 14  | 4 |
| 53.            | Müller, Anke            | SV Bergisch Gladbach | 04:34 | 98 | W | 13  | 2 |
| 54.            | Schröder, Julia         | ASV St.Augustin      | 04:35 | 97 | W | 14  | 5 |

|    |                           |                         |       |    |   |    |   |
|----|---------------------------|-------------------------|-------|----|---|----|---|
| 10 | 55. Ottinger, Rupert      | Köln                    | 04:37 | 00 | M | 11 |   |
|    | 56. Hüls, Marie           | TSV Bayer 04 Leverkusen | 04:37 | 03 | W | 8  | 1 |
|    | 57. Kreutz, Florian       | GSV Porz                | 04:38 | 02 | M | 9  | 5 |
|    | 58. Kunert, Yannick       | Neukirchen TV 1886 L    | 04:38 | 02 | M | 9  | 6 |
|    | 59. Frey, Jakob           | GSV Porz                | 04:39 | 03 | M | 8  | 1 |
|    | 60. Petrou, Smaragda      | GSV Porz                | 04:39 | 99 | W | 12 | 6 |
|    | 61. Berghausen, Justus    | GSV Porz                | 04:39 | 03 | M | 8  | 2 |
|    | 62. Koschella, Kamil      | GSV Porz                | 04:40 | 99 | M | 12 | 7 |
|    | 63. Demeulemeester, Orfee | PSV Brühl Triathlon     | 04:40 | 00 | W | 11 | 3 |
|    | 64. Potratz, Til          | Neukirchen TV 1886 L    | 04:42 | 01 | M | 10 | 6 |
|    | 65. Höpner, Oliver        | Don Bosco Schule        | 04:44 | 01 | M | 10 | 7 |
|    | 66. Gummer, Arthur        | Don Bosco Schule        | 04:45 | 01 | M | 10 | 8 |
|    | 67. Paganetti, Nicolas    | Don Bosco Schule        | 04:46 | 01 | M | 10 | 9 |
|    | 68. Willms, Jan           | Neukirchen TV 1886 L    | 04:49 | 01 | M | 10 |   |
| 10 | 69. Beßlich, Carolin      | GSV Porz                | 04:49 | 00 | W | 11 | 4 |
|    | 70. Müller, Bastian       | Trikids Tus Ahrweile    | 04:50 | 01 | M | 10 |   |
| 11 | 71. Zahnen, Fabian        | GSV Porz                | 04:50 | 03 | M | 8  | 3 |
|    | 72. Ottinger, Finnian     | Köln                    | 04:51 | 02 | M | 9  | 7 |
|    | 73. Hahn, Felix           | Lohmar                  | 04:51 | 98 | M | 13 | 6 |
|    | 74. Grote, Tobias         | Don Bosco Schule        | 04:51 | 04 | M | 7  | 1 |
|    | 75. Kaden, Yannik         | Hürth                   | 04:52 | 01 | M | 10 |   |
| 12 | 76. Schuol, Nick          | Neukirchen TV 1886 L    | 04:52 | 02 | M | 9  | 8 |
|    | 77. Kudinov, Alexander    | LG Hückeswagen          | 04:53 | 99 | M | 12 | 8 |
|    | 78. Materne, Anne-Lena    | SV Bergisch Gladbach    | 04:54 | 00 | W | 11 | 5 |
|    | 79. Waderna, Marlon       | GSV Porz                | 04:54 | 03 | M | 8  | 4 |
|    | 80. Miesen, Marica        | GSV Porz                | 04:55 | 99 | W | 12 | 7 |
|    | 81. Frechen, Jonas        | Don Bosco Schule        | 04:56 | 02 | M | 9  | 9 |
|    | 82. Buchmann, Jan         | GSV Porz                | 04:57 | 01 | M | 10 |   |
| 13 | 83. Weichhaus, Sönke      | GSV Porz                | 04:58 | 99 | M | 12 | 9 |
|    | 84. Celetta, Marino       | SV Bergisch Gladbach    | 04:58 | 99 | M | 12 |   |
| 10 | 85. Brüster, Magnus       | Neukirchen TV 1886 L    | 04:58 | 03 | M | 8  | 5 |
|    | 86. Benamer, Jasmina      | Trikids Tus Ahrweile    | 04:59 | 99 | W | 12 | 8 |
|    | 87. Eckhoff, Fransiska    | Neukirchen TV 1886 L    | 05:00 | 03 | W | 8  | 2 |
|    | 88. Herr, Sarah           | Don Bosco Schule        | 05:01 | 02 | W | 9  | 2 |
|    | 89. Kalinowski, Celina    | GSV Porz                | 05:03 | 02 | W | 9  | 3 |
|    | 90. Özmen, Emre           | Don Bosco Schule        | 05:04 | 01 | M | 10 |   |
| 14 | 91. Dekeyser, Richmar     | Don Bosco Schule        | 05:07 | 02 | M | 9  |   |
| 10 | 92. Wulff, Anna-Lena      | ASV Sankt Augustin      | 05:07 | 01 | W | 10 | 2 |
|    | 93. Eckhoff, Johanna      | Neukirchen TV 1886 L    | 05:10 | 03 | W | 8  | 3 |
|    | 94. Brandenburg, Anna     | Trikids Tus Ahrweile    | 05:10 | 04 | W | 7  | 1 |
|    | 95. Thiebes, Niclas       | GSV Porz                | 05:12 | 03 | M | 8  | 6 |
|    | 96. Vedder, Lotta         | TSV Bayer 04 Leverkusen | 05:12 | 02 | W | 9  | 4 |
|    | 97. Jose, Lena            | GSV Porz                | 05:13 | 00 | W | 11 | 6 |
|    | 98. Rocke, Julia          | Neukirchen TV 1886 L    | 05:14 | 02 | W | 9  | 5 |
|    | 99. Frericks, No,mi       | GSV Porz                | 05:15 | 02 | W | 9  | 6 |
|    | 100. Weibert, Laura       | GSV Porz                | 05:22 | 01 | W | 10 | 3 |
|    | 101. Husch, Tobias        | Köln-Porz               | 05:23 | 01 | M | 10 |   |
| 15 | 102. Jörissen, Lena       | GSV Porz                | 05:23 | 00 | W | 11 | 7 |
|    | 103. Borchardt, Marcel    | Köln-Porz               | 05:23 | 00 | M | 11 |   |
| 11 | 104. Keser, Emre          | Don Bosco Schule        | 05:24 | 00 | M | 11 |   |
| 12 | 105. Vedder, Mia Maria    | TSV Bayer 04 Leverkusen | 05:24 | 05 | W | 6  | 1 |
|    | 106. Materne, Felix Marc  | SV Bergisch Gladbach    | 05:24 | 03 | M | 8  | 7 |

|    |                            |                      |       |    |   |    |   |
|----|----------------------------|----------------------|-------|----|---|----|---|
|    | 107. van Winkel, Giuliana  | Don Bosco Schule     | 05:30 | 02 | W | 9  | 7 |
|    | 108. Beßlich, Franziska    | GSV Porz             | 05:31 | 02 | W | 9  | 8 |
|    | 109. Bartelt, Niklas       | Don Bosco Schule     | 05:31 | 01 | M | 10 |   |
| 16 |                            |                      |       |    |   |    |   |
|    | 110. Göx, Lucie            | TSV Bayer Leverkusen | 05:31 | 03 | W | 8  | 4 |
|    | 111. Ebeling, Phil         | Don Bosco Schule     | 05:35 | 03 | M | 8  | 8 |
|    | 112. Kirsch, Seth          | Trikids Tus Ahrweile | 05:36 | 03 | M | 8  | 9 |
|    | 113. Peters, Eric          | Neukirchen TV 1886 L | 05:36 | 02 | M | 9  |   |
| 11 |                            |                      |       |    |   |    |   |
|    | 114. Krist, Julia          | Bergheim             | 05:39 | 04 | W | 7  | 2 |
|    | 115. Polat, Ahmet          | Don Bosco Schule     | 05:43 | 01 | M | 10 |   |
| 17 |                            |                      |       |    |   |    |   |
|    | 116. Rusch, Tim            | Don Bosco Schule     | 05:47 | 02 | M | 9  |   |
| 12 |                            |                      |       |    |   |    |   |
|    | 117. Schlüter, Sarah       | Don Bosco Schule     | 05:52 | 01 | W | 10 | 4 |
|    | 118. Zengin, Deniz         | Don Bosco Schule     | 05:53 | 02 | M | 9  |   |
| 13 |                            |                      |       |    |   |    |   |
|    | 119. Cyrankowska, Oliwa    | Don Bosco Schule     | 05:53 | 02 | W | 9  | 9 |
|    | 120. Berger, Charlotte     | GSV Porz             | 05:54 | 02 | W | 9  |   |
| 10 |                            |                      |       |    |   |    |   |
|    | 121. Kalra, Mira           | Don Bosco Schule     | 05:54 | 04 | W | 7  | 3 |
|    | 122. Schmitz, Peter        | Don Bosco Schule     | 05:54 | 03 | M | 8  |   |
| 10 |                            |                      |       |    |   |    |   |
|    | 123. Aksu, Serhat          | Don Bosco Schule     | 05:54 | 00 | M | 11 |   |
| 13 |                            |                      |       |    |   |    |   |
|    | 124. Tack, Christian       | Team Laufcampus      | 05:54 | 01 | M | 10 |   |
| 18 |                            |                      |       |    |   |    |   |
|    | 125. Willms, Nina          | Neukirchen TV 1886 L | 05:55 | 04 | W | 7  | 4 |
|    | 126. Schaarschmidt, Nico   | Don Bosco Schule     | 05:56 | 02 | M | 9  |   |
| 14 |                            |                      |       |    |   |    |   |
|    | 127. Olbermann, Christoph  | Don Bosco Schule     | 05:56 | 01 | M | 10 |   |
| 19 |                            |                      |       |    |   |    |   |
|    | 128. Reudenbach, Tim       | Don Bosco Schule     | 05:57 | 01 | M | 10 |   |
| 20 |                            |                      |       |    |   |    |   |
|    | 129. Reichert, Maya-Sophie | Bergheim             | 05:59 | 04 | W | 7  | 5 |
|    | 130. Daruwala, Yannis      | GSV Porz             | 06:00 | 03 | M | 8  |   |
| 11 |                            |                      |       |    |   |    |   |
|    | 131. Koffent, Melanie      | Don Bosco Schule     | 06:01 | 02 | W | 9  |   |
| 11 |                            |                      |       |    |   |    |   |
|    | 132. Azizmohammadi, Joshua | TSV Hochdahl 64 e.V. | 06:02 | 06 | M | 5  | 1 |
|    | 133. Grote, Gregor         | Don Bosco Schule     | 06:05 | 01 | M | 10 |   |
| 21 |                            |                      |       |    |   |    |   |
|    | 134. Seidel, Clarissa      | Neukirchen TV 1886 L | 06:06 | 01 | W | 10 | 5 |
|    | 135. Hadert, Nathalie      | Don Bosco Schule     | 06:07 | 00 | W | 11 | 8 |
|    | 136. Korolev, Kristin      | Don Bosco Schule     | 06:08 | 02 | W | 9  |   |
| 12 |                            |                      |       |    |   |    |   |
|    | 137. Celik, Gülay          | Don Bosco Schule     | 06:08 | 00 | W | 11 | 9 |
|    | 138. Demeulemeester, Jolan | SSV Merten           | 06:09 | 02 | M | 9  |   |
| 15 |                            |                      |       |    |   |    |   |
|    | 139. Herr, Chiara          | Don Bosco Schule     | 06:10 | 02 | W | 9  |   |
| 13 |                            |                      |       |    |   |    |   |
|    | 140. Ottinger, Nelda       | Köln                 | 06:11 | 04 | W | 7  | 6 |
|    | 141. Reudenbach, Laura     | Don Bosco Schule     | 06:11 | 04 | W | 7  | 7 |
|    | 142. Kirchmann, Jasmin     | Don Bosco Schule     | 06:17 | 01 | W | 10 | 6 |
|    | 143. Laschet, Lukas        | Don Bosco Schule     | 06:20 | 02 | M | 9  |   |
| 16 |                            |                      |       |    |   |    |   |
|    | 144. Beganovic, Adel       | Don Bosco Schule     | 06:21 | 00 | M | 11 |   |
| 14 |                            |                      |       |    |   |    |   |
|    | 145. Dimitriou, Georgios   | GSV Porz             | 06:23 | 04 | M | 7  | 2 |
|    | 146. Homann, Melissa       | Don Bosco Schule     | 06:23 | 01 | W | 10 | 7 |
|    | 147. Buldu, Sara           | Don Bosco Schule     | 06:24 | 50 | W | 60 | 1 |
|    | 148. Bartsch, Kristina     | Pulheim              | 06:28 | 99 | W | 12 | 9 |
|    | 149. Amian, Laura          | Neukirchen TV 1886 L | 06:31 | 05 | W | 6  | 2 |

|    |                              |                      |       |    |   |    |   |
|----|------------------------------|----------------------|-------|----|---|----|---|
| 12 | 150. Dekeyser, Noah          | Don Bosco Schule     | 06:32 | 03 | M | 8  |   |
|    | 151. Dürscheidt, Johanna     | Köln-Porz            | 06:34 | 05 | W | 6  | 3 |
|    | 152. Frechen, Tobias         | Don Bosco Schule     | 06:36 | 03 | M | 8  |   |
| 13 |                              |                      |       |    |   |    |   |
| 10 | 153. Herr, Fabiana           | Don Bosco Schule     | 06:38 | 99 | W | 12 |   |
|    | 154. Djibril, Naomi          | Don Bosco Schule     | 06:38 | 04 | W | 7  | 8 |
|    | 155. Bottazzi, Michel        | Don Bosco Schule     | 06:41 | 04 | M | 7  | 3 |
|    | 156. Großmann, Maximilian    | Neukirchen TV 1886 L | 06:47 | 01 | M | 10 |   |
| 22 |                              |                      |       |    |   |    |   |
| 14 | 157. Fricke, Lina            | Don Bosco Schule     | 06:51 | 02 | W | 9  |   |
|    | 158. Fama, Chiara            | Don Bosco Schule     | 06:52 | 02 | W | 9  |   |
| 15 |                              |                      |       |    |   |    |   |
|    | 159. Lammel, Ariane          | Bergisch-Gladbach    | 06:53 | 04 | W | 7  | 9 |
|    | 160. Reibe Matteo, Dayra Lis | Don Bosco Schule     | 06:55 | 02 | W | 9  |   |
| 16 |                              |                      |       |    |   |    |   |
|    | 161. Bosch, Tobin            | Neukirchen TV 1886 L | 06:56 | 04 | M | 7  | 4 |
|    | 162. Kurteshi, Blerta        | Don Bosco Schule     | 07:11 | 01 | W | 10 | 8 |
|    | 163. Erbs, Ren,              | Don Bosco Schule     | 07:12 | 01 | M | 10 |   |
| 23 |                              |                      |       |    |   |    |   |
| 14 | 164. Faiq, Soufian           | Don Bosco Schule     | 07:18 | 03 | M | 8  |   |
| 15 |                              |                      |       |    |   |    |   |
|    | 165. Longert, Nils           | Köln-Porz            | 07:19 | 03 | M | 8  |   |
|    | 166. Brüster, Felix          | Neukirchen TV 1886 L | 07:20 | 05 | M | 6  | 1 |
|    | 167. Neustraß, Zo,           | Don Bosco Schule     | 07:22 | 02 | W | 9  |   |
| 17 |                              |                      |       |    |   |    |   |
| 15 | 168. Aloui, Hadi             | Don Bosco Schule     | 07:24 | 00 | M | 11 |   |
| 18 |                              |                      |       |    |   |    |   |
|    | 169. Tekbas, Havva           | Don Bosco Schule     | 07:25 | 02 | W | 9  |   |
|    | 170. Kurt, Enes Malik        | Don Bosco Schule     | 07:29 | 04 | M | 7  | 5 |
|    | 171. Schaarschmidt, Leon     | Don Bosco Schule     | 07:30 | 03 | M | 8  |   |
| 16 |                              |                      |       |    |   |    |   |
| 19 | 172. Fama, Laura             | Don Bosco Schule     | 07:31 | 02 | W | 9  |   |
|    | 173. Adas, Damala            | Don Bosco Schule     | 07:34 | 01 | W | 10 | 9 |
|    | 174. Longert, Maya           | Köln-Porz            | 07:38 | 06 | W | 5  | 1 |
|    | 175. Wegener, Norma-Jean     | Don Bosco Schule     | 07:39 | 03 | W | 8  | 5 |
|    | 176. Krüper, Jens            | Don Bosco Schule     | 07:41 | 02 | M | 9  |   |
| 17 |                              |                      |       |    |   |    |   |
| 24 | 177. Reibe Matteo, Swenn     | Don Bosco Schule     | 07:41 | 01 | M | 10 |   |
| 10 |                              |                      |       |    |   |    |   |
| 18 | 178. Dardour, Saloua         | Don Bosco Schule     | 07:42 | 04 | W | 7  |   |
|    | 179. Fama, Daniele           | Don Bosco Schule     | 07:46 | 02 | M | 9  |   |
|    | 180. Gora, Jasmin            | Don Bosco Schule     | 07:47 | 03 | W | 8  | 6 |
|    | 181. Wilms, Enrico           | Don Bosco Schule     | 07:48 | 03 | M | 8  |   |
| 17 |                              |                      |       |    |   |    |   |
| 19 | 182. Poppe, Leon             | Don Bosco Schule     | 07:51 | 02 | M | 9  |   |
| 11 |                              |                      |       |    |   |    |   |
|    | 183. Zhou, Xueling           | Don Bosco Schule     | 08:01 | 04 | W | 7  |   |
|    | 184. Adams, Benjamin         | Don Bosco Schule     | 08:14 | 04 | M | 7  | 6 |

27. GSV Porz Winterserie 2011 - 2. Wettkampftag 06.02. \* 5.000 m

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| Pl<br>Kl./Rang | Name, Vorname           | Verein/Ort             | Zeit  | Jg |   |     |   |
|----------------|-------------------------|------------------------|-------|----|---|-----|---|
| ---            |                         |                        |       |    |   |     |   |
| ---            |                         |                        |       |    |   |     |   |
| 1.             | Meurer, Sebastian       | Run2 BY Runners Poin   | 16:13 | 86 | M | HK  | 1 |
| 2.             | Alfen, Felix            | LT DSHS Köln           | 16:25 | 90 | M | Jun | 1 |
| 3.             | Lüke, Dennis            | KTT01                  | 17:08 | 91 | M | Jun | 2 |
| 4.             | Frey, Jonas             | LG Gummersbach         | 17:12 | 93 | M | JgA | 1 |
| 5.             | Warkentin, Jens         | TV Refrath             | 17:20 | 66 | M | 45  | 1 |
| 6.             | Wilczek, Tobias         | SV Bergisch Gladbach   | 17:24 | 95 | M | JgB | 1 |
| 7.             | Heimann, Görge          | Bunnert Running Team   | 17:25 | 68 | M | 40  | 1 |
| 8.             | Wölfel, Wilhelm         | VFL Engelskirchen      | 18:27 | 60 | M | 50  | 1 |
| 9.             | Schmidt, Max            | LG Gummersbach         | 18:31 | 92 | M | JgA | 2 |
| 10.            | Wolff, Marc             | Bergheim               | 18:53 | 82 | M | HK  | 2 |
| 11.            | Frericks, Marcell       | GSV Porz               | 19:22 | 96 | M | 15  | 1 |
| 12.            | Frericks, Henry         | GSV Porz               | 19:23 | 95 | M | JgB | 2 |
| 13.            | Reiner, Detlev          | SC Colonia 06          | 19:30 | 68 | M | 40  | 2 |
| 14.            | Cirpka, Enno            | Neunkirchen TV 1886 L  | 19:34 | 63 | M | 45  | 2 |
| 15.            | Tsang, Pei-Sheng        | Manabi                 | 19:36 | 72 | W | 35  | 1 |
| 16.            | Lehr, Bjarne            | TSV Bayer o4 Leverkus  | 19:38 | 98 | M | 13  | 1 |
| 17.            | Geimer, Christian       | Möbel Hüschen- Mariens | 19:38 | 92 | M | JgA | 3 |
| 18.            | Bingel, Judith          | USC Bochum             | 19:39 | 74 | W | 35  | 2 |
| 19.            | Krüger, Jens            | TSV Bayer Leverkusen   | 19:45 | 98 | M | 13  | 2 |
| 20.            | Namaki, Alexander       | GSV Porz               | 19:52 | 96 | M | 15  | 2 |
| 21.            | Kalisch, Peter          | LK 42,2 St.Augustin    | 19:57 | 69 | M | 40  | 3 |
| 22.            | Hüls, Joel              | TSV Bayer o4 Leverkus  | 20:00 | 97 | M | 14  | 1 |
| 23.            | Strauch, Gunter         | Möbel Hüschen- Mariens | 20:03 | 62 | M | 45  | 3 |
| 24.            | Strauch, Christian      | Möbel Hüschen- Mariens | 20:10 | 93 | M | JgA | 4 |
| 25.            | Jans, Paul              | TLV Germania Überra    | 20:26 | 59 | M | 50  | 2 |
| 26.            | Runte, Meinolf          | TuS Breitscheid        | 20:33 | 61 | M | 50  | 3 |
| 27.            | Arentz, Oliver          | Köln                   | 20:35 | 75 | M | 35  | 1 |
| 28.            | Hoffmann, Michael       | Köln                   | 20:42 | 54 | M | 55  | 1 |
| 29.            | Julian, Corncly         | ASV Sankt Augustin     | 20:44 | 98 | M | 13  | 3 |
| 30.            | Spölggen, Joachim       | Team Voreifel          | 20:47 | 54 | M | 55  | 2 |
| 31.            | Michaelis, Fabian       | ASV Wesseling 1985.e   | 20:55 | 94 | M | JgB | 3 |
| 32.            | Orosz, Richard          | FC Unterkirnach        | 21:11 | 75 | M | 35  | 2 |
| 33.            | Groos, Martin           | Köln                   | 21:13 | 53 | M | 55  | 3 |
| 34.            | Tatje, Julian           | FüUstgBerLw            | 21:16 | 84 | M | HK  | 3 |
| 35.            | Ziegler, Maximilian     | ASV Sankt Augustin     | 21:34 | 92 | M | JgA | 5 |
| 36.            | Brinkmann, Uwe          | Bergland Runners       | 21:37 | 64 | M | 45  | 4 |
| 37.            | Land, Matthias          | Siegburg               | 21:41 | 80 | M | 30  | 1 |
| 38.            | Jachmann, Norbert       | SV Bergisch Gladbach   | 21:45 | 66 | M | 45  | 5 |
| 39.            | Orth, Hermann-Josef     | TV Hoffnungsthal o7    | 21:49 | 50 | M | 60  | 1 |
| 40.            | Ohlmann, Jascha         | ASV St.Augustin        | 21:51 | 96 | M | 15  | 3 |
| 41.            | Wermekes, Dieter        | TSV Rönsahl 1886       | 21:54 | 53 | M | 55  | 4 |
| 42.            | Simons, Sofia           | SSG Königswinter       | 21:56 | 97 | W | 14  | 1 |
| 43.            | Simons, Guido           | SSG Königswinter       | 21:56 | 63 | M | 45  | 6 |
| 44.            | Müller, Ralf            | Running Shoes Spich    | 21:58 | 65 | M | 45  | 7 |
| 45.            | Nohn, Alexander         | Trikids Tus Ahrweile   | 22:00 | 97 | M | 14  | 2 |
| 46.            | Kühnel, Manfred         | Neunkirchen-Seelsche   | 22:08 | 63 | M | 45  | 8 |
| 47.            | Feindt, Reinhard        | SG Bockenber           | 22:17 | 50 | M | 60  | 2 |
| 48.            | Miesen, Jannic          | GSV Porz               | 22:21 | 96 | M | 15  | 4 |
| 49.            | Kutzke, Mario           | TUS Bilstein           | 22:30 | 80 | M | 30  | 2 |
| 50.            | Heusner, Holger         | TV Neunkirchen 1908    | 22:39 | 55 | M | 55  | 5 |
| 51.            | Stern, Justin.          | TV Neunkirchen 1908    | 22:40 | 97 | M | 14  | 3 |
| 52.            | Michaelis, Bernd        | ASV Wesseling 1985 e   | 22:45 | 57 | M | 50  | 4 |
| 53.            | Klüver, Christian       | SG Kreissparkasse Kö   | 22:46 | 74 | M | 35  | 3 |
| 54.            | Demeulemeester, Koenraa | SSV Merten             | 22:47 | 72 | M | 35  | 4 |
| 55.            | Zehnpfennig, Stephan    | Berg. Gladbach         | 22:52 | 65 | M | 45  | 9 |
| 56.            | Forsch, Hans-Jürgen     | TPSK-Rudern            | 22:54 | 60 | M | 50  | 5 |
| 57.            | Baedeker, Grit          | Storm Team Triathlon   | 22:55 | 70 | W | 40  | 1 |
| 58.            | Sauer, Fabian           | Gymnasium Kerpen       | 22:56 | 92 | M | JgA | 6 |

|    |                              |                      |       |    |       |   |
|----|------------------------------|----------------------|-------|----|-------|---|
|    | 59. Vedder, Lina             | TSV Bayer 04 Leverku | 22:57 | 97 | W 14  | 2 |
|    | 60. Müller, Björn            | SV Bergisch Gladbach | 23:01 | 96 | M 15  | 5 |
|    | 61. Boelen-Theile, Claus     | Rösrath              | 23:11 | 66 | M 45  |   |
| 10 | 62. Morawe, Jean Cederic     | LC Euskirchen        | 23:21 | 95 | M JgB | 4 |
|    | 63. Hegewald, Katrin         | TV Refrath           | 23:24 | 88 | W HK  | 1 |
|    | 64. Becker, Toyah            | TV Refrath           | 23:25 | 91 | W Jun | 1 |
|    | 65. Gebehardt, Robin         | SV Bergisch Gladbach | 23:27 | 96 | M 15  | 6 |
|    | 66. Poschmann, Mike          | TSV Dieringhausen    | 23:31 | 67 | M 40  | 4 |
|    | 67. Dünner-Waßerbürger, Rut  | SV Bergisch Gladbach | 23:36 | 65 | W 45  | 1 |
|    | 68. Weiß, Manfred            | TuS Breitscheid      | 23:37 | 55 | M 55  | 6 |
|    | 69. Staffelstein, Jan        | JAS-Express          | 23:37 | 77 | M 30  | 3 |
|    | 70. Pfannenschmidt, Nils     | LC Weilerswist       | 23:38 | 93 | M JgA | 7 |
|    | 71. Auer, Jörg               | Köln                 | 23:40 | 65 | M 45  |   |
| 11 | 72. Mathia, Moritz           | LT Hennef/Sieg       | 23:43 | 00 | M 11  | 1 |
|    | 73. Wasserfuhr, Barbara      | TSV Rönsahl 1886     | 23:46 | 62 | W 45  | 2 |
|    | 74. Gärtner, Dieter          | TV Refrath           | 23:47 | 43 | M 65  | 1 |
|    | 75. Dettmar, Sabine          | USC Bochum           | 23:50 | 90 | W Jun | 2 |
|    | 76. Göx, Richard             | TSV Bayer Leverkusen | 23:54 | 00 | M 11  | 2 |
|    | 77. Dobrzewinski, Uwe        | Bergisch-Gladbach    | 23:58 | 57 | M 50  | 6 |
|    | 78. Sperber, Max             | KTT 01               | 24:17 | 87 | M HK  | 4 |
|    | 79. Obst, David              | GSV Porz             | 24:18 | 95 | M JgB | 5 |
|    | 80. Carstens, Svea           | ASV St. Augustin     | 24:19 | 99 | W 12  | 1 |
|    | 81. Scholz, Michael          | TC Bad Berleburg     | 24:20 | 58 | M 50  | 7 |
|    | 82. Brüngen, Pius            | Preußen Krefeld      | 24:28 | 97 | M 14  | 4 |
|    | 83. Kolberg, Lennert         | Trikids Tus Ahrweile | 24:30 | 98 | M 13  | 4 |
|    | 84. Keppler, Markus          | DJK Stallberg-Wolsdo | 24:33 | 79 | M 30  | 4 |
|    | 85. Filz, Steffen            | Köln                 | 24:35 | 96 | M 15  | 7 |
|    | 86. Reichling, Hubertus      | RRG Porz             | 24:37 | 59 | M 50  | 8 |
|    | 87. Kronenberg, Lukas        | LC Euskirchen        | 24:40 | 96 | M 15  | 8 |
|    | 88. Köppern, Antje           | E.I.L.E.             | 24:53 | 65 | W 45  | 3 |
|    | 89. Waßerbürger, Andreas     | SV Bergisch Gladbach | 24:59 | 63 | M 45  |   |
| 12 | 90. Lehr, Svenja             | TSV Bayer Leverkusen | 25:05 | 96 | W 15  | 1 |
|    | 91. Erlinghäuser, Ralf       | TsV Dieringhausen    | 25:06 | 68 | M 40  | 5 |
|    | 92. Hüwe, J,rome             | TPSK-Rudern          | 25:07 | 94 | M JgB | 6 |
|    | 93. Mathis, Manuela          | Bergheim             | 25:08 | 69 | W 40  | 2 |
|    | 94. Mathis, Peter            | Bergheim             | 25:09 | 69 | M 40  | 6 |
|    | 95. Pohlmeier, David         | Köln                 | 25:13 | 97 | M 14  | 5 |
|    | 96. Wasserfuhr, Karl-Heinz   | TSV Rönsahl 1886     | 25:14 | 51 | M 60  | 3 |
|    | 97. Köppern, Norbert         | E.I.L.E.             | 25:17 | 54 | M 55  | 7 |
|    | 98. Zehnpfennig, Damian      | Berg. Gladbach       | 25:18 | 96 | M 15  | 9 |
|    | 99. Däschinger, Julia        | TSV Bayer Leverkusen | 25:19 | 95 | W JgB | 1 |
|    | 100. Fitter, Anna-Lena       | ASV St. Augustin     | 25:19 | 98 | W 13  | 1 |
|    | 101. Boje, Niklas            | GSV Porz             | 25:21 | 98 | M 13  | 5 |
|    | 102. Kersjes, Richard        | TPSK-Rudern          | 25:23 | 94 | M JgB | 7 |
|    | 103. von Trostorff, Alexande | Köln-Porz            | 25:26 | 98 | M 13  | 6 |
|    | 104. Krüger, Rebecca         | TSV Bayer Leverkusen | 25:35 | 97 | W 14  | 3 |
|    | 105. Kleinsorge, Stefan      | Bergheim             | 25:38 | 52 | M 55  | 8 |
|    | 106. Pacholke, Frank         | Niederkassel         | 25:43 | 41 | M 70  | 1 |
|    | 107. Lehr, Susanne           | TV Blecher           | 25:53 | 66 | W 45  | 4 |
|    | 108. Schütten, Simone        | TPSK-Rudern          | 25:54 | 94 | W JgB | 2 |
|    | 109. Stüttgen, Laura         | Neukirchen TV 1886 L | 25:54 | 95 | W JgB | 3 |
|    | 110. Schmidt, Hans-Ulrich    | GSV Porz             | 25:57 | 57 | M 50  | 9 |
|    | 111. Forsch, Vera            | TPSK-Rudern          | 26:01 | 95 | W JgB | 4 |
|    | 112. Fischer, Hermann-Josef  | TV Voiswinkel 1919 e | 26:02 | 44 | M 65  | 2 |
|    | 113. Vedder, Svenja          | TSV Bayer Leverkusen | 26:07 | 68 | W 40  | 3 |
|    | 114. Exner, Julia            | TPSK-Rudern          | 26:08 | 94 | W JgB | 5 |
|    | 115. Hermesdorf, Markus      | köln-Porz            | 26:08 | 84 | M HK  | 5 |
|    | 116. Koppatsch, Wolfgang     | LLG St. Augustin     | 26:09 | 32 | M 75  | 1 |
|    | 117. Azizmohammadi, Elliott  | TSV Hochdahl 64 e.V. | 26:18 | 02 | M 9   | 1 |

|      |                       |                      |       |    |   |     |   |
|------|-----------------------|----------------------|-------|----|---|-----|---|
| 118. | Dömmecke, Andreas     | Köln                 | 26:20 | 63 | M | 45  |   |
| 13   |                       |                      |       |    |   |     |   |
| 119. | Gimbarova, Elena      | ASV Köln             | 26:24 | 72 | W | 35  | 3 |
| 120. | Mouritz, Oliver       | SV Bergisch Gladbach | 26:34 | 96 | M | 15  |   |
| 10   |                       |                      |       |    |   |     |   |
| 121. | Cirpka, Ina           | Neukirchen TV 1886 L | 26:39 | 00 | W | 11  | 1 |
| 122. | Möser, Wolfgang       | Alfterer SC          | 26:40 | 41 | M | 70  | 2 |
| 123. | Wolter, Renate        | Alfterer SC          | 26:54 | 61 | W | 50  | 1 |
| 124. | Schmidt, Carina       | GSV Porz             | 26:55 | 90 | W | Jun | 3 |
| 125. | Baer, Leon            | Niederkassel         | 26:58 | 98 | M | 13  | 7 |
| 126. | Wilden, Willi         | Impuls-Lauftreff Ker | 27:22 | 55 | M | 55  | 9 |
| 127. | Warkentin, Detlef     | KTC Moers            | 27:23 | 43 | M | 65  | 3 |
| 128. | Koose, Carmen         | Köln-Porz            | 27:26 | 66 | W | 45  | 5 |
| 129. | Beilig, Leon          | LG DUV               | 27:28 | 97 | M | 14  | 6 |
| 130. | Stern, Cedric         | TV Neunkirchen 1908  | 27:29 | 02 | M | 9   | 2 |
| 131. | Poensgen, Kelly       | VTG Köln             | 27:34 | 66 | W | 45  | 6 |
| 132. | Stiehl, Hans-Detlev   | LT Kerpen            | 27:40 | 42 | M | 65  | 4 |
| 133. | Löllgen, Rene         | SSV Wachtberg        | 27:44 | 00 | M | 11  | 3 |
| 134. | Brandenberg, Jara     | Trikids Tus Ahrweile | 27:48 | 99 | W | 12  | 2 |
| 135. | Kolberg, Mastie       | Trikids Tus Ahrweile | 27:48 | 99 | W | 12  | 3 |
| 136. | Thron, Hans-Peter     | ESV Gremberghoven    | 27:54 | 57 | M | 50  |   |
| 10   |                       |                      |       |    |   |     |   |
| 137. | Stern, Jens-P.        | Much                 | 28:01 | 65 | M | 45  |   |
| 14   |                       |                      |       |    |   |     |   |
| 138. | Feick, Jürgen         | Kölche Jung          | 28:03 | 56 | M | 55  |   |
| 10   |                       |                      |       |    |   |     |   |
| 139. | Hünemeyer, Leon       | GSV Porz             | 28:14 | 98 | M | 13  | 8 |
| 140. | Kaminski, Kai         | GSV Porz             | 28:25 | 00 | M | 11  | 4 |
| 141. | Wilden, Brigitte      | Impuls-Lauftreff Ker | 28:38 | 58 | W | 50  | 2 |
| 142. | Weilandt, Stephan     | Bensberg             | 29:11 | 34 | M | 75  | 2 |
| 143. | Forsch, Ingo          | TPSK-Rudern          | 29:11 | 96 | M | 15  |   |
| 11   |                       |                      |       |    |   |     |   |
| 144. | Joos, Liane           | Köln-Porz            | 29:12 | 84 | W | HK  | 2 |
| 145. | Tack, Thomas H.       | Team Laufcampus      | 29:14 | 62 | M | 45  |   |
| 15   |                       |                      |       |    |   |     |   |
| 146. | Deuss, Almut          | TPSK-Rudern          | 29:19 | 62 | W | 45  | 7 |
| 147. | Virnich, Bernd        | DJK Blumenthal       | 29:29 | 56 | M | 55  |   |
| 11   |                       |                      |       |    |   |     |   |
| 148. | Müller, Franz         | SG Bad Breisig       | 29:48 | 64 | M | 45  |   |
| 16   |                       |                      |       |    |   |     |   |
| 149. | Schmidt, Rita         | GSV Porz             | 29:57 | 58 | W | 50  | 3 |
| 150. | Teschner, Carsten     | Köln                 | 30:27 | 87 | M | HK  | 6 |
| 151. | Beilig, Fabienne      | TV Dünwald Judo      | 30:32 | 01 | W | 10  | 1 |
| 152. | Beilig, Alina         | LG DUV               | 30:34 | 98 | W | 13  | 2 |
| 153. | Scholz, Ulrike        | TC Bad Berleburg     | 30:50 | 60 | W | 50  | 4 |
| 154. | Morawe, Pia Mercedes  | LC Weilerswist       | 31:36 | 93 | W | JgA | 1 |
| 155. | Krug, Wilfried        | Kreuzau              | 31:38 | 50 | M | 60  | 4 |
| 156. | Kühnel, Wolfgang      | Los Köln 09          | 31:48 | 35 | M | 75  | 3 |
| 157. | Stiehl, Brigitte      | LT Kerpen            | 32:00 | 47 | W | 60  | 1 |
| 158. | Müller, Bastian       | Trikids Tus Ahrweile | 32:14 | 01 | M | 10  | 1 |
| 159. | Meyer, Otto           | Kall                 | 32:27 | 37 | M | 70  | 3 |
| 160. | Hahlweg, Hildegard    | ASG Elsdorf          | 32:28 | 73 | W | 35  | 4 |
| 161. | Potreck, Michaela     | Wesseling            | 32:32 | 74 | W | 35  | 5 |
| 162. | Mohr, Rudi            | TFG Köln Nippes 1878 | 32:37 | 34 | M | 75  | 4 |
| 163. | Schlinge, Susanna     | Köln                 | 32:59 | 71 | W | 40  | 4 |
| 164. | Feick, Heike          | Kölsches Mädchen     | 33:01 | 63 | W | 45  | 8 |
| 165. | Heller, Gabriele      | Impuls-Lauftreff Ker | 33:33 | 58 | W | 50  | 5 |
| 166. | Arenz, Dorothee       | Bonn                 | 33:34 | 69 | W | 40  | 5 |
| 167. | Steller, Margit       | Impuls-Lauftreff Ker | 33:37 | 59 | W | 50  | 6 |
| 168. | Simke-Müller, Martina | Impuls-Lauftreff Ker | 33:48 | 60 | W | 50  | 7 |
| 169. | Wilczek, Eva          | BSG Hilden           | 34:13 | 46 | W | 65  | 1 |
| 170. | Pers,, Jürgen         | RTC Frechen 1980     | 34:16 | 56 | M | 55  |   |

|      |                         |                      |       |    |   |     |   |
|------|-------------------------|----------------------|-------|----|---|-----|---|
| 171. | Leonhardt, Christina    | Bonn                 | 34:23 | 66 | W | 45  | 9 |
| 172. | Munir, Khalid Ilyas     | ASV Köln             | 34:29 | 84 | M | HK  | 7 |
| 173. | Kaufhold, Christiane    | GSV Porz/Köln        | 34:45 | 49 | W | 60  | 2 |
| 174. | Biesenbach, Roger       | LTD Köln-Dellbrück   | 34:52 | 52 | M | 55  |   |
| 13   |                         |                      |       |    |   |     |   |
| 175. | Moosdorf, Beate         | RheinRunners Cologne | 35:48 | 62 | W | 45  |   |
| 10   |                         |                      |       |    |   |     |   |
| 176. | Schulz, Kurt            | RheinRunners Cologne | 35:52 | 46 | M | 65  | 5 |
| 177. | Breidbach, Sebastian    | Köln                 | 37:09 | 97 | M | 14  | 7 |
| 178. | Schorn, Anita           | Köln                 | 37:55 | 63 | W | 45  |   |
| 11   |                         |                      |       |    |   |     |   |
| 179. | Baer, Marvin            | Niederkassel         | 39:50 | 95 | M | JgB | 8 |
| 180. | Schulte-Schröer, Herman | Altenkirchen         | 40:11 | 34 | M | 75  | 5 |
| 181. | Nenamer Belkacen, Louni | TuS Ahrweiler        | 43:38 | 01 | M | 10  | 2 |
| 182. | Bauer, Adil             | Trikids Tus Ahrweile | 43:38 | 02 | M | 9   | 3 |
| 183. | Bellinghausen, Franz    | Lauftreff Siebengebi | 43:54 | 31 | M | 80  | 1 |
| 184. | Hardenberg, Stefan      | Overath              | 46:34 | 54 | M | 55  |   |
| 14   |                         |                      |       |    |   |     |   |

27. GSV Porz Winterserie 2011 - 2. Wettkampftag 06.02. \* 10.000 m

| Pl       | Name, Vorname          | Verein/Ort           | Zeit  | Jg |   |     |   |
|----------|------------------------|----------------------|-------|----|---|-----|---|
| Kl./Rang |                        |                      |       |    |   |     |   |
| 1.       | Schmidt, Daniel        | Lüttringhauser TV    | 33:46 | 86 | M | HK  | 1 |
| 2.       | Meurer, Sebastian      | Run2 BY Runners Poin | 34:55 | 86 | M | HK  | 2 |
| 3.       | Martin, Frederick      | KTT 01               | 36:19 | 80 | M | 30  | 1 |
| 4.       | Franssen, Andreas      | TV Refrath           | 37:18 | 63 | M | 45  | 1 |
| 5.       | Gröppel, Till          | Pulheimer SC         | 37:21 | 82 | M | HK  | 3 |
| 6.       | Bartos, Janek          | Lüttringhauser TV    | 37:46 | 93 | M | JgA | 1 |
| 7.       | Paulitschke, Wilfried  | Bunert Running Team  | 37:48 | 57 | M | 50  | 1 |
| 8.       | Wilmes, Heiko          | Refrath              | 37:59 | 69 | M | 40  | 1 |
| 9.       | Görtz, Beate           | ASV Köln Triathlon   | 38:08 | 69 | W | 40  | 1 |
| 10.      | Müll, Stephan          | STROM-Team Triathlon | 38:25 | 70 | M | 40  | 2 |
| 11.      | Wildschütz, Alexander  | TV Frisch Auf Lennep | 38:32 | 69 | M | 40  | 3 |
| 12.      | Schäfer, Andr,         | Hildener AT Triathlo | 38:33 | 73 | M | 35  | 1 |
| 13.      | Gaus, Nadja            | Köln                 | 38:48 | 83 | W | HK  | 1 |
| 14.      | Breitbach, Dominik     | Domstadtlauffer.de   | 39:05 | 86 | M | HK  | 4 |
| 15.      | Ollig, Arndt           | LAZ Puma Troisdorf/S | 39:09 | 65 | M | 45  | 2 |
| 16.      | Lennartz, Burkhard     | LLG St. Augustin     | 39:11 | 67 | M | 40  | 4 |
| 17.      | Kopp, Kay              | TS Bergisch Gladbach | 39:27 | 64 | M | 45  | 3 |
| 18.      | Mandt, Kristina        | ASV Köln Triathlon   | 39:31 | 84 | W | HK  | 2 |
| 19.      | Roth, Andreas          | ASV Köln Triathlon   | 39:36 | 76 | M | 35  | 2 |
| 20.      | Liumtwood, Mattmew     | CES Runners          | 39:37 | 76 | M | 35  | 3 |
| 21.      | Duesterhoeft, Mario    | ASV Köln Triathlon   | 39:39 | 64 | M | 45  | 4 |
| 22.      | Pütz, David            | Bonn                 | 39:41 | 93 | M | JgA | 2 |
| 23.      | Feldenkirchen, Nikolai | Köln-Porz            | 39:49 | 80 | M | 30  | 2 |
| 24.      | Barthelmes, Ulli       | Hildener AT          | 40:40 | 70 | M | 40  | 5 |
| 25.      | Dünner, Joachim        | SV Bergisch Gladbach | 40:48 | 62 | M | 45  | 5 |
| 26.      | Grimberg, Christoph    | SV 09/35 Wermelskirc | 41:36 | 65 | M | 45  | 6 |
| 27.      | Memminger, Andrea      | Union Blau Weiß Bies | 41:50 | 76 | W | 35  | 1 |
| 28.      | Giunta, Angelo         | TV Lüttringhausen    | 41:51 | 76 | M | 35  | 4 |
| 29.      | Müller, Michael        | ASV St.Augustin      | 41:57 | 93 | M | JgA | 3 |
| 30.      | Greger, Helmut         | ASV Köln Triathlon   | 42:27 | 69 | M | 40  | 6 |
| 31.      | Uhlenbrock, Julius     | Köln                 | 42:48 | 82 | M | HK  | 5 |
| 32.      | Dimov, Atanas          | Fischermanis         | 43:10 | 85 | M | HK  | 6 |
| 33.      | Gimbarov, Sergey       | ASV Köln Triathlon   | 43:11 | 66 | M | 45  | 7 |
| 34.      | Schnödewind, Uwe       | RTC Frechen 1980     | 43:16 | 63 | M | 45  | 8 |



|    |                          |                      |       |    |   |    |   |
|----|--------------------------|----------------------|-------|----|---|----|---|
|    | 35. Dzierza, Jan         | Krüger Running Team  | 43:17 | 71 | M | 40 | 7 |
|    | 36. Moormeister, Tobias  | Köln-Porz            | 43:18 | 86 | M | HK | 7 |
|    | 37. Solich, Roger        | ASV Köln Triathlon   | 43:19 | 62 | M | 45 | 9 |
|    | 38. Lennartz, Birgit     | LLG St. Augustin     | 43:20 | 65 | W | 45 | 1 |
|    | 39. Pfannenschmidt, Timo | LC Weilerswist       | 43:22 | 66 | M | 45 |   |
| 10 |                          |                      |       |    |   |    |   |
|    | 40. Müßeler, Gis,le      | Troisdorf            | 43:33 | 64 | W | 45 | 2 |
|    | 41. Rabenschlag, Sandra  | TV Refrath           | 43:37 | 75 | W | 35 | 2 |
|    | 42. Hawighorst, Achim    | TSV Weiss-Köln       | 43:59 | 59 | M | 50 | 2 |
|    | 43. Müller, Josef        | LT Grafschaft        | 43:59 | 68 | M | 40 | 8 |
|    | 44. Reglin, Alexander    | Siegburg             | 44:04 | 76 | M | 35 | 5 |
|    | 45. Röth, Wilfried       | Sparkasse Kleve      | 44:09 | 61 | M | 50 | 3 |
|    | 46. Schmidt, Alexander   | DJK Gummersbach      | 44:16 | 70 | M | 40 | 9 |
|    | 47. Dupont, Jürgen       | LTD Köln-Dellbrück   | 44:18 | 60 | M | 50 | 4 |
|    | 48. Wilbrand, Dr.Ulrike  | LG Südsauerland      | 44:22 | 55 | W | 55 | 1 |
|    | 49. Oenings, Walter      | LN Nütterden         | 44:27 | 53 | M | 55 | 1 |
|    | 50. Hohn, Bernd          | Knick Fööss Köln     | 44:54 | 70 | M | 40 |   |
| 10 |                          |                      |       |    |   |    |   |
|    | 51. Tscherven, Cord      | Köln Triathlon e.V.  | 45:00 | 72 | M | 35 | 6 |
|    | 52. Goldbeck, Jens       | Knickfööss Köln      | 45:04 | 70 | M | 40 |   |
| 11 |                          |                      |       |    |   |    |   |
|    | 53. Wüst, Hans Werner    | Köln                 | 45:08 | 50 | M | 60 | 1 |
|    | 54. Haude, Franz         | TSV Rönsahl 1886     | 45:09 | 45 | M | 65 | 1 |
|    | 55. Köster, Heinz-Werner | Skiclub Olpe e.V.    | 45:11 | 46 | M | 65 | 2 |
|    | 56. Müller, Torsten      | ASV St.Augustin      | 45:13 | 64 | M | 45 |   |
| 11 |                          |                      |       |    |   |    |   |
|    | 57. Niekrawietz, Peter   | Köln                 | 45:15 | 68 | M | 40 |   |
| 12 |                          |                      |       |    |   |    |   |
|    | 58. Böttcher, Waldemar   | Lohmar               | 45:45 | 78 | M | 30 | 3 |
|    | 59. Klosterwann, Michael | Muckel & Perg        | 45:52 | 83 | M | HK | 8 |
|    | 60. Breutigam, Klaus     | ESV Gremberghoven    | 45:59 | 67 | M | 40 |   |
| 13 |                          |                      |       |    |   |    |   |
|    | 61. Thelen, Guido        | Pulheimer SC         | 46:00 | 69 | M | 40 |   |
| 14 |                          |                      |       |    |   |    |   |
|    | 62. Heinrichs, Alexander | TRIALEX              | 46:08 | 66 | M | 45 |   |
| 12 |                          |                      |       |    |   |    |   |
|    | 63. Eidmann, Volker      | Wuppertal            | 46:10 | 60 | M | 50 | 5 |
|    | 64. Vinzens, Marc        | Köln                 | 46:14 | 81 | M | 30 | 4 |
|    | 65. Dietze, Stine        | Köln                 | 46:18 | 81 | W | 30 | 1 |
|    | 66. Brügggen, Benedikt   | Preussen Krefeld 185 | 46:19 | 99 | M | 12 | 1 |
|    | 67. Brügggen, Dr.Volker  | Preussen Krefeld 185 | 46:20 | 66 | M | 45 |   |
| 13 |                          |                      |       |    |   |    |   |
|    | 68. Kohlhammer, Karsten  | Leverkusen           | 46:28 | 72 | M | 35 | 7 |
|    | 69. Steller, Michael     | Impuls-Lauftreff Ker | 46:31 | 57 | M | 50 | 6 |
|    | 70. Last, Christoph      | TSV Rönsahl 1886     | 46:39 | 77 | M | 30 | 5 |
|    | 71. Albert, David        | Bergheim             | 46:44 | 72 | M | 35 | 8 |
|    | 72. Morawe, Andrea       | LC Weilerswist       | 46:45 | 66 | W | 45 | 3 |
|    | 73. Brutzer, Birgit      | Skiclub Olpe e.V.    | 46:47 | 59 | W | 50 | 1 |
|    | 74. Winkelhausen, Jörg   | Whisky Club          | 46:51 | 77 | M | 30 | 6 |
|    | 75. Plewnia, Monika      | DJK Marienstatt      | 47:15 | 66 | W | 45 | 4 |
|    | 76. Evers, Felix         | ASV Köln Team 42     | 47:15 | 54 | M | 55 | 2 |
|    | 77. Bauß, Carsten        | 1.Kölner Laufstall   | 47:22 | 65 | M | 45 |   |
| 14 |                          |                      |       |    |   |    |   |
|    | 78. Maurer, Franz        | LT Grafschaft        | 47:36 | 55 | M | 55 | 3 |
|    | 79. Malzahn, Erik        | Bonn                 | 47:44 | 79 | M | 30 | 7 |
|    | 80. Kersting, Friedel    | Köln                 | 47:47 | 50 | M | 60 | 2 |
|    | 81. Mogdans, Joachim     | Sankt Augustin       | 47:55 | 58 | M | 50 | 7 |
|    | 82. Ammernick, Malte     | FSV Düsseldorf       | 47:56 | 87 | M | HK | 9 |
|    | 83. Ziese, Ralf          | Pleckhausen          | 48:04 | 62 | M | 45 |   |
| 15 |                          |                      |       |    |   |    |   |
|    | 84. Gross, Daniel        | FSV Düsseldorf       | 48:13 | 77 | M | 30 | 8 |
|    | 85. Elomari, Jawad       | Medivital            | 48:21 | 80 | M | 30 | 9 |
|    | 86. Waldoff, Michael     | ASV Köln             | 48:28 | 61 | M | 50 | 8 |

|    |                              |                       |       |    |   |     |   |
|----|------------------------------|-----------------------|-------|----|---|-----|---|
| 10 | 87. Jaeger, Stephan          | FSV Düsseldorf        | 48:35 | 85 | M | HK  |   |
|    | 88. Wagner, Kerstin          | Remscheid             | 48:49 | 78 | W | 30  | 2 |
|    | 89. Olbrich, Wolfgang        | LG DUV                | 48:52 | 68 | M | 40  |   |
| 15 |                              |                       |       |    |   |     |   |
| 10 | 90. Müller, Dirk             | Siegburg              | 49:13 | 78 | M | 30  |   |
|    | 91. Wolf, Fabian             | TPSK-Rudern           | 49:26 | 94 | M | JgB | 1 |
|    | 92. Forsch, Axel             | TPSK-Rudern           | 49:32 | 94 | M | JgB | 2 |
|    | 93. Heller, Kirsten          | LT Severinsvieretel   | 49:49 | 73 | W | 35  | 3 |
|    | 94. Schallenberg, Jörg       | Rösrath               | 49:52 | 68 | M | 40  |   |
| 16 |                              |                       |       |    |   |     |   |
| 11 | 95. Virnich, Dennis          | DJK Blumenthal        | 50:09 | 83 | M | HK  |   |
|    | 96. Becker, Reinhard         | Kreuztal              | 50:23 | 60 | M | 50  | 9 |
|    | 97. Kurschildgen, Alice      | Köln-Porz             | 50:43 | 72 | W | 35  | 4 |
|    | 98. Matr , Birgit            | TPSK-Rudern           | 50:53 | 62 | W | 45  | 5 |
|    | 99. Mülheims, Prof.Dr.Laure  | PSV Bonn Triathlon    | 50:54 | 60 | M | 50  |   |
| 10 |                              |                       |       |    |   |     |   |
|    | 100. Schoss, Manfred         | LLG 80 Nordpark Köln  | 51:03 | 38 | M | 70  | 1 |
|    | 101. Altemühle, Dirk         | Berg. Gladbach        | 51:04 | 73 | M | 35  | 9 |
|    | 102. Kassebeer, Boris        | Team Erdinger Alkoho  | 51:20 | 80 | M | 30  |   |
| 11 |                              |                       |       |    |   |     |   |
| 16 | 103. Stanislawski, Detlef    | Tria-Team Cäcilienhöh | 51:40 | 65 | M | 45  |   |
| 10 |                              |                       |       |    |   |     |   |
| 10 | 104. Schlaudraff, Bastian    | Köln                  | 51:55 | 76 | M | 35  |   |
| 17 |                              |                       |       |    |   |     |   |
| 17 | 105. Graesser, Hans-Chr.     | Little Oaks           | 51:59 | 67 | M | 40  |   |
|    | 106. Königs, Isabelle        | Köln                  | 52:01 | 90 | W | Jun | 1 |
|    | 107. Runge, Günther          | VFL Engelskirchen     | 52:02 | 47 | M | 60  | 3 |
|    | 108. Moik-Zmarzly, Bernadett | Köln-Porz             | 52:03 | 79 | W | 30  | 3 |
|    | 109. Breidenbach, Peter      | Der Badorfer          | 52:07 | 56 | M | 55  | 4 |
|    | 110. Heller, Hans-Peter      | Impuls-Lauftreff Ker  | 52:44 | 51 | M | 60  | 4 |
|    | 111. Pels, Dietmar           | Köln                  | 53:00 | 69 | M | 40  |   |
| 18 |                              |                       |       |    |   |     |   |
| 11 | 112. Soulivongsak, Vanhnasay | BCT-Touristik Marath  | 53:04 | 73 | M | 35  |   |
| 19 |                              |                       |       |    |   |     |   |
| 12 | 113. Blass, Frank            | Wuppertal             | 53:17 | 67 | M | 40  |   |
| 12 |                              |                       |       |    |   |     |   |
|    | 114. Schroeder, Rene         | Overath               | 53:21 | 78 | M | 30  |   |
|    | 115. Steinberg, Carina       | LT Flinke Fööss       | 53:35 | 85 | W | HK  | 3 |
|    | 116. Kramp, Lydia            | ASV Köln Team 42      | 53:36 | 59 | W | 50  | 2 |
|    | 117. Kottmann, Thorsten      | Wuppertal             | 53:38 | 74 | M | 35  |   |
| 12 |                              |                       |       |    |   |     |   |
|    | 118. Krist, Tanja            | Bergheim              | 53:40 | 69 | W | 40  | 2 |
|    | 119. Reichert, Daniela       | Bergheim              | 53:44 | 73 | W | 35  | 5 |
|    | 120. Pagers, Sven            | ESV Gremberghoven     | 53:49 | 66 | M | 45  |   |
| 17 |                              |                       |       |    |   |     |   |
| 13 | 121. Konrad, Markus          | Köln                  | 53:57 | 76 | M | 35  |   |
|    | 122. Thiel, Melanie          | Köln-Porz             | 54:13 | 78 | W | 30  | 4 |
|    | 123. Klußmann, Tanja         | 1.Kölner Laufstall    | 54:31 | 69 | W | 40  | 3 |
|    | 124. Wald, Ilona             | Polizei SV Bonn "Fit  | 54:45 | 65 | W | 45  | 6 |
|    | 125. Loos, Jessica           | Mayen                 | 54:50 | 82 | W | HK  | 4 |
|    | 126. Dreiser, Mirko          | Marathonfieber Krumh  | 54:51 | 74 | M | 35  |   |
| 14 |                              |                       |       |    |   |     |   |
|    | 127. Nehring, Fredy          | BSG Delphi Draka Wup  | 54:57 | 46 | M | 65  | 3 |
|    | 128. Kornrumpf, Stefan       | Halsenbach            | 54:58 | 59 | M | 50  |   |
| 11 |                              |                       |       |    |   |     |   |
| 12 | 129. Billotin, Frank         | Niederkassel          | 55:24 | 61 | M | 50  |   |

|    |                              |                      |       |    |   |    |   |
|----|------------------------------|----------------------|-------|----|---|----|---|
| 12 | 130. Kuhnke, Christian       | Köln                 | 55:32 | 86 | M | HK |   |
|    | 131. Hamann, Herta           | Troisdorf            | 55:35 | 42 | W | 65 | 1 |
|    | 132. Hamann, Brigitta        | Bergisch-Gladbach-Re | 55:43 | 63 | W | 45 | 7 |
|    | 133. Bornhofen, Kerstin      | Koblenz              | 55:45 | 73 | W | 35 | 6 |
|    | 134. Schewiola, Hans         | Erftläufer           | 55:55 | 49 | M | 60 | 5 |
|    | 135. Beckel, Winfried        | LAV Bad Godesberg 19 | 56:00 | 37 | M | 70 | 2 |
|    | 136. Hildebrandt, Oliver     | LT Leidenhausen GSV  | 56:04 | 61 | M | 50 |   |
| 13 |                              |                      |       |    |   |    |   |
|    | 137. Ahlborn, Klaus          | PSV Bonn             | 56:08 | 59 | M | 50 |   |
| 14 |                              |                      |       |    |   |    |   |
|    | 138. Reiter-Nohn, Petra      | LT Westum            | 56:11 | 61 | W | 50 | 3 |
|    | 139. Biallass, Philipp       | Köln                 | 56:46 | 78 | M | 30 |   |
| 13 |                              |                      |       |    |   |    |   |
|    | 140. Paschke, Stefanie       | LT Flinke Fööss      | 56:49 | 83 | W | HK | 5 |
|    | 141. Fuchsgruber, Ute        | Hennef               | 56:52 | 67 | M | 40 |   |
| 20 |                              |                      |       |    |   |    |   |
|    | 142. Breit-Tiffe, Jochen     | Hürth                | 56:53 | 66 | M | 45 |   |
| 18 |                              |                      |       |    |   |    |   |
|    | 143. Djamalpour, Darius      | Running for Children | 57:20 | 64 | M | 45 |   |
| 19 |                              |                      |       |    |   |    |   |
|    | 144. Ständer, Roland         | Köln                 | 57:24 | 52 | M | 55 | 5 |
|    | 145. Kusch, Thomas           | PSV Bonn             | 57:25 | 65 | M | 45 |   |
| 20 |                              |                      |       |    |   |    |   |
|    | 146. Keller, Isabella        | PSV Bonn Triathlon   | 58:01 | 83 | W | HK | 6 |
|    | 147. Oguz, Svenja            | Köln                 | 58:15 | 81 | W | 30 | 5 |
|    | 148. Iliev, Amadeus          | Fishermanis          | 58:16 | 85 | M | HK |   |
| 13 |                              |                      |       |    |   |    |   |
|    | 149. Dörpinghaus, Hajo       | TSV Rannungen        | 58:25 | 53 | M | 55 | 6 |
|    | 150. Schlimbach, Wolfgang    | Köln-Porz            | 58:40 | 68 | M | 40 |   |
| 21 |                              |                      |       |    |   |    |   |
|    | 151. Paffrath, Ralf          | Neunkirchen-Seelsche | 58:45 | 65 | M | 45 |   |
| 21 |                              |                      |       |    |   |    |   |
|    | 152. Salterberg, Klaus       | TV Hennef            | 58:50 | 53 | M | 55 | 7 |
|    | 153. Wolfgarten, Marco       | Neuss                | 58:54 | 74 | M | 35 |   |
| 15 |                              |                      |       |    |   |    |   |
|    | 154. Kuck, Juliette          | Köln                 | 58:58 | 80 | W | 30 | 6 |
|    | 155. Koch, Simone            | Köln                 | 58:59 | 66 | W | 45 | 8 |
|    | 156. Beringhoff, Georg       | FG Köln              | 59:17 | 57 | M | 50 |   |
| 15 |                              |                      |       |    |   |    |   |
|    | 157. Schmelter, Sabine       | Köln-Porz            | 59:32 | 71 | W | 40 | 4 |
|    | 158. Rübsamen, Sarah         | TV Kärlich           | 59:34 | 79 | W | 30 | 7 |
|    | 159. Schneider, Nicole       | TV Kärlich           | 59:43 | 71 | W | 40 | 5 |
|    | 160. Korn, Achim             | TV Kärlich           | 59:44 | 65 | M | 45 |   |
| 22 |                              |                      |       |    |   |    |   |
|    | 161. Burkert, Susanne        | Köln                 | 59:54 | 81 | W | 30 | 8 |
|    | 162. Jerosch, Arnold         | Bergheim             | 60:03 | 59 | M | 50 |   |
| 16 |                              |                      |       |    |   |    |   |
|    | 163. Guschmann, Monika       | Rheinbach            | 60:21 | 65 | W | 45 | 9 |
|    | 164. Lühl, Eva               | Köln                 | 60:22 | 81 | W | 30 | 9 |
|    | 165. Wolf, Petra             | Medivital Bergheim   | 60:23 | 65 | W | 45 |   |
| 10 |                              |                      |       |    |   |    |   |
|    | 166. Brückmann, Rainer       | Marathonfieber Krumh | 60:26 | 53 | M | 55 | 8 |
|    | 167. Ilsanker, Georg         | Vaselino Quattro     | 60:28 | 61 | M | 50 |   |
| 17 |                              |                      |       |    |   |    |   |
|    | 168. Stephan, Nadja          | Köln-Porz            | 60:32 | 73 | W | 35 | 7 |
|    | 169. Eggers, Marion          | PSV Bonn             | 60:47 | 73 | W | 35 | 8 |
|    | 170. Ilsanker-Ehlen, Martina | Vaselino Quattro     | 61:00 | 63 | W | 45 |   |
| 11 |                              |                      |       |    |   |    |   |
|    | 171. Ständer, Gerhard        | Lauftreff Fühlinger  | 61:18 | 50 | M | 60 | 6 |
|    | 172. Weltin, Klaudia         | Köln-Porz            | 61:31 | 60 | W | 50 | 4 |
|    | 173. Neumann, Manfred        | Köln-Porz            | 61:35 | 55 | M | 55 | 9 |

|    |                              |                      |       |    |   |    |   |
|----|------------------------------|----------------------|-------|----|---|----|---|
| 16 | 174. Andersen, Vidar         | LT Flinke Fööss      | 61:41 | 75 | M | 35 |   |
| 10 | 175. Thuir, Julia            | Hürth-Effern         | 61:44 | 79 | W | 30 |   |
| 11 | 176. Schneider, Friedrich    | TV Oberbantenberg    | 61:52 | 47 | M | 60 | 7 |
| 22 | 177. Alexiou, Jiota          | Duisburg             | 62:28 | 80 | W | 30 |   |
| 23 | 178. Bednarz, Ralf           | Wiehl                | 62:40 | 69 | M | 40 |   |
| 12 | 179. Nolden, Dirk            | PSV Bonn Triathlon   | 62:54 | 65 | M | 45 |   |
| 13 | 180. Figueroa Carrasco, Lidi | Cologne Allblacks    | 63:17 | 73 | W | 35 | 9 |
| 13 | 181. Kukwa, Tanja            | Köln                 | 63:33 | 78 | W | 30 |   |
| 14 | 182. Bucher, Katrin          | Köln                 | 63:56 | 80 | W | 30 |   |
| 24 | 183. Pöll, Gisela            | Köln                 | 64:33 | 46 | W | 65 | 2 |
|    | 184. Schepputat, Björn       | Monheim              | 66:23 | 86 | M | HK |   |
|    | 185. Schepputat, Michael     | Leverkusen           | 66:24 | 63 | M | 45 |   |
|    | 186. Rohrmoser, Felicitas    | Laufmariechen Köln   | 71:06 | 56 | W | 55 | 2 |
|    | 187. Rohrmoser, Eva-Maria    | Laufmariechen Köln   | 71:17 | 54 | W | 55 | 3 |
|    | 188. Latz, Anna              | Baesweiler Lauftreff | 74:38 | 88 | W | HK | 7 |
|    | 189. Fuchs, Christa          | Bergheim             | 75:55 | 56 | W | 55 | 4 |
| 10 | 190. Laqua, Annette          | ASV Köln             | 80:49 | 73 | W | 35 |   |
|    | 191. Kordeuter, Jutta        | MediVital Bergheim   | 81:24 | 54 | W | 55 | 5 |

27. GSV Porz Winterserie 2011 - 2. Wettkampftag 06.02. \* 15.000 m

| Pl  | Name, Vorname           | Verein/Ort           | Zeit    | Jg |   |    |   |
|-----|-------------------------|----------------------|---------|----|---|----|---|
| 1.  | Bleich, Simon           | TSV Krodorf-Gleiber  | 0:53:02 | 83 | M | HK | 1 |
| 2.  | Schneider, Norbert      | Bunert Running Team  | 0:53:25 | 68 | M | 40 | 1 |
| 3.  | Krechel, Wolfgang       | Troisdorfer LG       | 0:53:44 | 63 | M | 45 | 1 |
| 4.  | Wienecke, Thorsten      | 42tausend            | 0:53:59 | 71 | M | 40 | 2 |
| 5.  | Lohmann, Peter          | Monheim              | 0:55:39 | 65 | M | 45 | 2 |
| 6.  | Siepe, Volker           | Hildener AT          | 0:56:29 | 74 | M | 35 | 1 |
| 7.  | Singer, Michael         | TV Refrath           | 0:56:51 | 65 | M | 45 | 3 |
| 8.  | Dürr, Thorsten          | LT Flinke Fööss      | 0:57:18 | 83 | M | HK | 2 |
| 9.  | Mai, Sebastian          | Bochum               | 0:57:27 | 82 | M | HK | 3 |
| 10. | Gebhardt, Andreas       | Baesweiler-Lauftreff | 0:57:29 | 86 | M | HK | 4 |
| 11. | Buddig, Simon           | VFL Kommern          | 0:57:56 | 83 | M | HK | 5 |
| 12. | Trautmann, Georg        | RT Wind Immobilien   | 0:58:25 | 83 | M | HK | 6 |
| 13. | Rocholl, Lutz           | Frisch Auf Lennep    | 0:58:28 | 61 | M | 50 | 1 |
| 14. | Paffrath, Arndt         | Triathlon Club Wuppe | 0:58:33 | 74 | M | 35 | 2 |
| 15. | van de Weyer, Stephan J | Bunert Running Elite | 0:58:37 | 75 | M | 35 | 3 |
| 16. | Palm, Michael           | Baesweiler Lauftreff | 0:58:38 | 73 | M | 35 | 4 |
| 17. | Lohse, Maik             | Erdinger Alkoholfrei | 0:58:55 | 82 | M | HK | 7 |
| 18. | Pfolk, Dieter           | Laufzentrum Martinst | 0:58:58 | 63 | M | 45 | 4 |
| 19. | Swennen, Sebastian      | Holzwickede          | 0:59:03 | 83 | M | HK | 8 |
| 20. | Schmidt, Markus         | Neunkirchen          | 0:59:19 | 67 | M | 40 | 3 |
| 21. | Wagner, Helmut          | Brühler TV 1879      | 0:59:24 | 65 | M | 45 | 5 |
| 22. | Kiehle, Christian       | ASV Köln Triathlon   | 0:59:32 | 76 | M | 35 | 5 |
| 23. | Deli, Housein           | Team Wind Immobilien | 0:59:37 | 79 | M | 30 | 1 |
| 24. | Heidl, Stefan           | SSF Bonn             | 0:59:46 | 84 | M | HK | 9 |



|    |                          |                      |         |    |   |    |   |
|----|--------------------------|----------------------|---------|----|---|----|---|
| 13 | 71. Gompert, Jan         | TriCologne           | 1:06:28 | 84 | M | HK |   |
| 17 | 72. Manthei, Christian   | Ergo sports Köln     | 1:06:29 | 62 | M | 45 |   |
|    | 73. Houben, Rudolf       | LLG 80 Nordpark Köln | 1:06:30 | 55 | M | 55 | 3 |
|    | 74. Mielczarek, Norbert  | Hürth                | 1:06:31 | 55 | M | 55 | 4 |
| 18 | 75. Schmitz, Jochen      | Schalke 04           | 1:06:40 | 64 | M | 45 |   |
| 12 | 76. Kleinen, Carsten     | Köln                 | 1:06:56 | 69 | M | 40 |   |
| 19 | 77. Knepper, Michael     | Marathon Mülheim     | 1:07:07 | 63 | M | 45 |   |
| 13 | 78. Emde, Thomas         | SV o9 Wermelskirchen | 1:07:18 | 68 | M | 40 |   |
| 14 | 79. Hartmann, Frederik   | Heiligenhauser SR    | 1:07:27 | 68 | M | 40 |   |
| 15 | 80. Diefenbach, Thomas   | TPSK triathlon       | 1:07:28 | 67 | M | 40 |   |
| 20 | 81. Morillas, Antonio    | Bergisch Gladbach    | 1:07:32 | 66 | M | 45 |   |
| 14 | 82. Kurth, Uwe Bastian   | Team Webster         | 1:07:36 | 76 | M | 35 |   |
| 21 | 83. Ollig, Arndt         | Bunert Running Team  | 1:07:44 | 65 | M | 45 |   |
|    | 84. Resch, Kilian        | Lauftreff Decksteine | 1:08:32 | 61 | M | 50 | 7 |
|    | 85. Quirbach, Jürgen     | Tri Power Rhein Sieg | 1:08:32 | 60 | M | 50 | 8 |
| 22 | 86. Band, Harald         | Feuerwehr Frechen    | 1:08:33 | 62 | M | 45 |   |
| 15 | 87. Ziecke, Christian    | Köln                 | 1:08:34 | 72 | M | 35 |   |
|    | 88. Horsch, Andreas      | Düsseldorf           | 1:08:37 | 59 | M | 50 | 9 |
| 23 | 89. Euler, Michael       | Mimavoca Langel      | 1:08:39 | 64 | M | 45 |   |
|    | 90. Minniger, Jens       | Köln                 | 1:08:49 | 77 | M | 30 | 8 |
| 16 | 91. Neugebauer, Markus   | Homberg              | 1:09:12 | 67 | M | 40 |   |
| 10 | 92. Araki, Jiro          | Düsseldorf           | 1:09:15 | 61 | M | 50 |   |
|    | 93. Singer, Sabine       | TV Refrath           | 1:09:23 | 67 | W | 40 | 1 |
| 17 | 94. Küppers, Herbert     | DJK Gillrath 1911    | 1:09:25 | 68 | M | 40 |   |
| 24 | 95. Everling, Jürgen     | Köln-Weiss           | 1:09:29 | 65 | M | 45 |   |
| 18 | 96. Schulte, Rolf        | Hildener AT          | 1:09:41 | 68 | M | 40 |   |
| 11 | 97. Gebehart, Achim      | SV Bergisch Gladbach | 1:09:47 | 59 | M | 50 |   |
|    | 98. Schäfer, Heribert    | LSV Tri. Team Remsch | 1:09:50 | 49 | M | 60 | 1 |
|    | 99. Schneider, Paul      | Pulheim              | 1:09:53 | 52 | M | 55 | 5 |
| 19 | 100. Nettekoven, Jürgen  | Medivital Bergheim   | 1:09:58 | 67 | M | 40 |   |
| 16 | 101. Krapohl, Sven       | Köln                 | 1:10:01 | 74 | M | 35 |   |
|    | 102. Levermann, Werner   | Ford FCSD            | 1:10:02 | 49 | M | 60 | 2 |
|    | 103. Dzaak, Walter       | Kreuztal             | 1:10:19 | 49 | M | 60 | 3 |
|    | 104. Küttner, Christiane | ASV Köln Triathlon   | 1:10:21 | 67 | W | 40 | 2 |
|    | 105. Nikelowski, Renate  | LT Köln-Esch         | 1:10:28 | 64 | W | 45 | 2 |
| 20 | 106. Wangler, Heiko      | Hildener AT          | 1:10:28 | 67 | M | 40 |   |
| 25 | 107. Klever, Martin      | Ajax Amsterdam       | 1:10:29 | 66 | M | 45 |   |
| 26 | 108. Heinen, Olaf        | BV o8 Lüttringhausen | 1:10:31 | 66 | M | 45 |   |

|      |                         |                      |         |    |   |     |   |
|------|-------------------------|----------------------|---------|----|---|-----|---|
| 109. | Podzus, Horst           | Overath              | 1:10:32 | 61 | M | 50  |   |
| 12   |                         |                      |         |    |   |     |   |
| 110. | Dreiser, Mirko          | Marathonfieber Krumh | 1:10:34 | 74 | M | 35  |   |
| 17   |                         |                      |         |    |   |     |   |
| 111. | Beyer, Heinrich         | Marathonfieber Krumh | 1:10:38 | 56 | M | 55  | 6 |
| 112. | Holbein, Heinz          | Pulheimer SC         | 1:10:39 | 61 | M | 50  |   |
| 13   |                         |                      |         |    |   |     |   |
| 113. | Thüs, Andreas           | LG Gummersbach       | 1:10:42 | 70 | M | 40  |   |
| 21   |                         |                      |         |    |   |     |   |
| 114. | Schroeter, Ben          | Göttingen            | 1:10:57 | 79 | M | 30  | 9 |
| 115. | Weyer, Bernd            | LLG 80 Nordpark Köln | 1:10:59 | 59 | M | 50  |   |
| 14   |                         |                      |         |    |   |     |   |
| 116. | Jerosch, Marianne       | LG REW Power         | 1:11:01 | 61 | W | 50  | 1 |
| 117. | Mandziara, Patricia     | ESV Gremberghoven    | 1:11:04 | 68 | W | 40  | 3 |
| 118. | auf dem Graben, Michael | Tricologne           | 1:11:13 | 78 | W | 30  | 1 |
| 119. | Halim, Valentino        | Köln                 | 1:11:14 | 78 | M | 30  |   |
| 10   |                         |                      |         |    |   |     |   |
| 120. | Baumann, Hans-Gerd      | Pulheimer SC         | 1:11:18 | 46 | M | 65  | 1 |
| 121. | Krepel, Sabine          | Köln                 | 1:11:28 | 70 | W | 40  | 4 |
| 122. | Hanke, Volker           | Köln-Porz            | 1:11:30 | 66 | M | 45  |   |
| 27   |                         |                      |         |    |   |     |   |
| 123. | Sölker, Jessica         | Halver               | 1:11:33 | 80 | W | 30  | 2 |
| 124. | Plohmann, Stefan        | Halver               | 1:11:34 | 72 | M | 35  |   |
| 18   |                         |                      |         |    |   |     |   |
| 125. | Scheidler, Uwe          | Solorunners          | 1:11:36 | 63 | M | 45  |   |
| 28   |                         |                      |         |    |   |     |   |
| 126. | Blömen, Jeanette        | Köln                 | 1:11:39 | 83 | W | HK  | 2 |
| 127. | Scholte, Christoph      | Bonn                 | 1:11:42 | 73 | M | 35  |   |
| 19   |                         |                      |         |    |   |     |   |
| 128. | Heinrich, Tina          | Köln                 | 1:11:55 | 74 | W | 35  | 1 |
| 129. | Geppert, Dietmar        | Berg. Gladbach       | 1:11:56 | 67 | M | 40  |   |
| 22   |                         |                      |         |    |   |     |   |
| 130. | Lehr, Achim             | Leverkusen           | 1:11:58 | 68 | M | 40  |   |
| 23   |                         |                      |         |    |   |     |   |
| 131. | Pauly, Thomas           | Köln                 | 1:12:00 | 52 | M | 55  | 7 |
| 132. | Hark, Andrea            | Pulheimer SC         | 1:12:03 | 60 | W | 50  | 2 |
| 133. | Pahlow, Lars            | Troisdorf            | 1:12:04 | 70 | M | 40  |   |
| 24   |                         |                      |         |    |   |     |   |
| 134. | Becker, Walter          | LLG 80 Nordpark Köln | 1:12:06 | 44 | M | 65  | 2 |
| 135. | Mohr, Bernd             | Wiedtal-Rennschnecke | 1:12:11 | 69 | M | 40  |   |
| 25   |                         |                      |         |    |   |     |   |
| 136. | Behle, Stefan           | SV o9/35 Wermelskirc | 1:12:13 | 65 | M | 45  |   |
| 29   |                         |                      |         |    |   |     |   |
| 137. | Audehm, Dr.Uwe          | Alfterer SC          | 1:12:19 | 60 | M | 50  |   |
| 15   |                         |                      |         |    |   |     |   |
| 138. | Drees, Volker           | Köln-Rath            | 1:12:26 | 66 | M | 45  |   |
| 30   |                         |                      |         |    |   |     |   |
| 139. | Matzner, Thomas         | ATV Hückeswagen      | 1:12:29 | 68 | M | 40  |   |
| 26   |                         |                      |         |    |   |     |   |
| 140. | Brüning, Robert         | LG/ATV Hückeswagen   | 1:12:30 | 72 | M | 35  |   |
| 20   |                         |                      |         |    |   |     |   |
| 141. | Mermet, Ren,            | Siegburg             | 1:12:35 | 94 | M | JgB | 1 |
| 142. | Gerhard, Stefan         | Marathonfieber Krumh | 1:12:51 | 64 | M | 45  |   |
| 31   |                         |                      |         |    |   |     |   |
| 143. | Kotysch, Christian      | Tri Club Wuppertal   | 1:13:06 | 71 | M | 40  |   |
| 27   |                         |                      |         |    |   |     |   |
| 144. | Weirich-Mohr, Martina   | Marathonfieber Krumh | 1:13:12 | 66 | W | 45  | 3 |
| 145. | Keverpütz, Sascha       | Siegburg             | 1:13:18 | 71 | M | 40  |   |
| 28   |                         |                      |         |    |   |     |   |
| 146. | Winter, Volker          | SG Mörsbach          | 1:13:23 | 56 | M | 55  | 8 |
| 147. | Niemann, Heribert       | 1.BC Beuel           | 1:13:24 | 49 | M | 60  | 4 |
| 148. | Thiemermann, Norbert    | Kölner Ausdauer-Lauf | 1:13:27 | 63 | M | 45  |   |
| 32   |                         |                      |         |    |   |     |   |

|      |                      |                      |         |    |   |    |   |
|------|----------------------|----------------------|---------|----|---|----|---|
| 149. | Waltenberger, Nicoll | Marathonfieber Krumh | 1:13:29 | 68 | W | 40 | 5 |
| 150. | Breutigam, Klaus     | ESV Gremberghoven    | 1:13:31 | 67 | M | 40 |   |
| 29   |                      |                      |         |    |   |    |   |
| 151. | Theisen, Stephan     | Kürten               | 1:13:32 | 76 | M | 35 |   |
| 21   |                      |                      |         |    |   |    |   |
| 152. | Kriegel, Ren,        | Duisburg             | 1:13:33 | 88 | M | HK |   |
| 14   |                      |                      |         |    |   |    |   |
| 153. | Wabschke, Guido      | Die Wabbis           | 1:13:35 | 72 | M | 35 |   |
| 22   |                      |                      |         |    |   |    |   |
| 154. | Walpert, Jens        | Laufteam Tischlerei  | 1:13:49 | 66 | M | 45 |   |
| 33   |                      |                      |         |    |   |    |   |
| 155. | Hinze, Katja         | LG Gummersbach       | 1:13:50 | 72 | W | 35 | 2 |
| 156. | Schorde, Christoph   | ATV Hückeswagen      | 1:14:00 | 83 | M | HK |   |
| 15   |                      |                      |         |    |   |    |   |
| 157. | Wolf, Ralf           | Team Bell            | 1:14:06 | 66 | M | 45 |   |
| 34   |                      |                      |         |    |   |    |   |
| 158. | Becker, Horst        | Ski-Club Hürth 1979  | 1:14:11 | 60 | M | 50 |   |
| 16   |                      |                      |         |    |   |    |   |
| 159. | Schmidt-Krayer, Jan  | Triathlon Chaoten Ob | 1:14:14 | 69 | M | 40 |   |
| 30   |                      |                      |         |    |   |    |   |
| 160. | Döring, Uwe          | HAT-Köln             | 1:14:42 | 58 | M | 50 |   |
| 17   |                      |                      |         |    |   |    |   |
| 161. | Ley, Thomas          | LT Rösratherstrasse  | 1:14:52 | 65 | M | 45 |   |
| 35   |                      |                      |         |    |   |    |   |
| 162. | Braun, Tom           | The Running Browiens | 1:14:53 | 86 | M | HK |   |
| 16   |                      |                      |         |    |   |    |   |
| 163. | Trost, Stefan        | Laufzentrum Martinst | 1:15:03 | 58 | M | 50 |   |
| 18   |                      |                      |         |    |   |    |   |
| 164. | Tückmantel, Nicole   | BSG Delphi Draka Wup | 1:15:09 | 71 | W | 40 | 6 |
| 165. | Bonikowski, Matthias | Erftstadt            | 1:15:16 | 63 | M | 45 |   |
| 36   |                      |                      |         |    |   |    |   |
| 166. | Böcking, Detlef      | Tusem Essen          | 1:15:19 | 57 | M | 50 |   |
| 19   |                      |                      |         |    |   |    |   |
| 167. | Göbel, Harald        | SSF Bonn             | 1:15:21 | 54 | M | 55 | 9 |
| 168. | Koch, Frank          | Köln-Porz            | 1:15:27 | 66 | M | 45 |   |
| 37   |                      |                      |         |    |   |    |   |
| 169. | Schepers, Thomas     | 1.Kölner Laufstall   | 1:15:38 | 65 | M | 45 |   |
| 38   |                      |                      |         |    |   |    |   |
| 170. | Scheu, Peter         | Köln-Porz -Westhoven | 1:15:44 | 60 | M | 50 |   |
| 20   |                      |                      |         |    |   |    |   |
| 171. | Jankowski, Markus    | Blau-Weiss Köln      | 1:15:53 | 69 | M | 40 |   |
| 31   |                      |                      |         |    |   |    |   |
| 172. | Mispelkamp, Wendel   | LLG 80 Nordpark Köln | 1:15:59 | 51 | M | 60 | 5 |
| 173. | Barkholz, Andreas    | Henkel Ausbildung    | 1:16:03 | 67 | M | 40 |   |
| 32   |                      |                      |         |    |   |    |   |
| 174. | Bleibaum, Ernst      | LT Schneewittchen    | 1:16:04 | 52 | M | 55 |   |
| 10   |                      |                      |         |    |   |    |   |
| 175. | Bullig, Cornelia     | Troisdorfer LG M.U.T | 1:16:13 | 59 | W | 50 | 3 |
| 176. | Miebach, Paul        | Köln-Porz-Grengel    | 1:16:18 | 59 | M | 50 |   |
| 21   |                      |                      |         |    |   |    |   |
| 177. | May, Achim           | TV Witzhelden        | 1:16:19 | 64 | M | 45 |   |
| 39   |                      |                      |         |    |   |    |   |
| 178. | Schneider, Reiner    | Lauflöwe 65          | 1:16:22 | 65 | M | 45 |   |
| 40   |                      |                      |         |    |   |    |   |
| 179. | Lohmer, Susanne      | Köln                 | 1:16:39 | 82 | W | HK | 3 |
| 180. | Lange, Peter         | Köln                 | 1:16:41 | 53 | M | 55 |   |
| 11   |                      |                      |         |    |   |    |   |
| 181. | Wasserfuhr, Barbara  | TSV Rönsahl 1886     | 1:16:49 | 62 | W | 45 | 4 |
| 182. | Schmitt, Dr.Rolf     | Alfterer SC          | 1:16:55 | 56 | M | 55 |   |
| 12   |                      |                      |         |    |   |    |   |
| 183. | Grimm, Manfred       | 1.Kölner Laufstall   | 1:16:55 | 62 | M | 45 |   |
| 41   |                      |                      |         |    |   |    |   |



|      |                      |                      |         |    |   |    |   |
|------|----------------------|----------------------|---------|----|---|----|---|
| 184. | Kühne, Kai           | Kaufhof Sportverein  | 1:17:01 | 66 | M | 45 |   |
| 42   |                      |                      |         |    |   |    |   |
| 185. | Görner, Christoph    | Run 6y Runners Point | 1:17:10 | 82 | M | HK |   |
| 17   |                      |                      |         |    |   |    |   |
| 186. | Carl,, Thomas        | Köln                 | 1:17:11 | 69 | M | 40 |   |
| 33   |                      |                      |         |    |   |    |   |
| 187. | Sutor, Petra         | Joggetten            | 1:17:15 | 69 | W | 40 | 7 |
| 188. | Gmyrek, Siegfried    | Wuppertal            | 1:17:24 | 56 | M | 55 |   |
| 13   |                      |                      |         |    |   |    |   |
| 189. | Bongen, Ulrich       | DJK Niederwipper     | 1:17:42 | 62 | M | 45 |   |
| 43   |                      |                      |         |    |   |    |   |
| 190. | Labsch, Michael      | Tri Cologne          | 1:17:44 | 67 | M | 40 |   |
| 34   |                      |                      |         |    |   |    |   |
| 191. | Schall, Manfred      | TuS 1882 Opladen     | 1:17:47 | 55 | M | 55 |   |
| 14   |                      |                      |         |    |   |    |   |
| 192. | Friese, Thomas       | Hildener AT          | 1:17:49 | 65 | M | 45 |   |
| 44   |                      |                      |         |    |   |    |   |
| 193. | Elsner, Max          | Solingen             | 1:17:52 | 58 | M | 50 |   |
| 22   |                      |                      |         |    |   |    |   |
| 194. | Kuck, Annett         | BSG Stadt Köln       | 1:17:56 | 60 | W | 50 | 4 |
| 195. | Raab, Marco          | Köln-Porz            | 1:18:03 | 74 | M | 35 |   |
| 23   |                      |                      |         |    |   |    |   |
| 196. | Meißner, Colin       | Dresden              | 1:18:15 | 79 | M | 30 |   |
| 11   |                      |                      |         |    |   |    |   |
| 197. | Genz, Jürgen         | Köln                 | 1:18:16 | 55 | M | 55 |   |
| 15   |                      |                      |         |    |   |    |   |
| 198. | Dresbach, Frank      | Cologne Allblacks    | 1:18:23 | 67 | M | 40 |   |
| 35   |                      |                      |         |    |   |    |   |
| 199. | Reusch, Wolfgang     | Bergisch Gladbach    | 1:18:26 | 58 | M | 50 |   |
| 23   |                      |                      |         |    |   |    |   |
| 200. | Huppertz, Horst      | LG Huskies           | 1:18:27 | 63 | M | 45 |   |
| 45   |                      |                      |         |    |   |    |   |
| 201. | Boelter, Thomas      | LLG 80 Nordpark Köln | 1:18:28 | 63 | M | 45 |   |
| 46   |                      |                      |         |    |   |    |   |
| 202. | Potreck, Frank       | Team Erdinger Alkoho | 1:18:29 | 71 | M | 40 |   |
| 36   |                      |                      |         |    |   |    |   |
| 203. | Philips, Felicitas   | RT Windimmobilien    | 1:18:31 | 81 | W | 30 | 3 |
| 204. | Rietz, Lars          | Mecklinghausen       | 1:18:43 | 71 | M | 40 |   |
| 37   |                      |                      |         |    |   |    |   |
| 205. | Gunkel, Annika       | KTT 01               | 1:19:02 | 83 | W | HK | 4 |
| 206. | Mannheim, Michael    | LLG 80 Nordpark Köln | 1:19:06 | 46 | M | 65 | 3 |
| 207. | Elvenkemper, Andreas | Leverkusen           | 1:19:11 | 68 | M | 40 |   |
| 38   |                      |                      |         |    |   |    |   |
| 208. | Steil, Wolfgang      | Köln                 | 1:19:15 | 50 | M | 60 | 6 |
| 209. | Franken, Michael     | Köln                 | 1:19:23 | 63 | M | 45 |   |
| 47   |                      |                      |         |    |   |    |   |
| 210. | Nitzsche, Mario      | Köln-Porz            | 1:19:29 | 81 | M | 30 |   |
| 12   |                      |                      |         |    |   |    |   |
| 211. | Wüst, Hans Werner    | Köln                 | 1:19:32 | 50 | M | 60 | 7 |
| 212. | Bahlmann, Katharina  | Team Laufcampus      | 1:19:39 | 64 | W | 45 | 5 |
| 213. | Mischke, Gerhard     | Vaselino Quattro     | 1:19:42 | 59 | M | 50 |   |
| 24   |                      |                      |         |    |   |    |   |
| 214. | Königs, Lutz         | Pulheim              | 1:19:55 | 61 | M | 50 |   |
| 25   |                      |                      |         |    |   |    |   |
| 215. | Busch, Veronika      | Siegburg             | 1:20:04 | 74 | W | 35 | 3 |
| 216. | Börold, Hans         | Köln                 | 1:20:07 | 57 | M | 50 |   |
| 26   |                      |                      |         |    |   |    |   |
| 217. | Maci, Nicole         | LLG 80 Nordpark Köln | 1:20:08 | 71 | W | 40 | 8 |
| 218. | Jettkant, Klaus      | Köln                 | 1:20:23 | 79 | M | 30 |   |
| 13   |                      |                      |         |    |   |    |   |
| 219. | Fischer, Guido Haile | Team Bell            | 1:20:38 | 69 | M | 40 |   |
| 39   |                      |                      |         |    |   |    |   |

|    |                              |                      |         |    |   |    |   |
|----|------------------------------|----------------------|---------|----|---|----|---|
| 16 | 220. Fischer, A.E. Jürgen    | LT Gruiten Neanderta | 1:20:46 | 56 | M | 55 |   |
| 48 | 221. Nottrott, Marc          | Köln                 | 1:20:48 | 65 | M | 45 |   |
| 40 | 222. Hoffmann, Dirk          | Bergisch-Gladbach    | 1:20:53 | 69 | M | 40 |   |
|    | 223. Roth, Heike             | ESV Gremberghoven    | 1:20:55 | 70 | W | 40 | 9 |
|    | 224. Offermann, Josef        | Köln                 | 1:20:57 | 49 | M | 60 | 8 |
| 27 | 225. Mengel, Frank           | LG Hückeswagen       | 1:21:05 | 58 | M | 50 |   |
|    | 226. Rypholz, Monika         | ASV Köln Triathlon   | 1:21:10 | 60 | W | 50 | 5 |
|    | 227. Krznaric, Diana         | TV Kärlich           | 1:21:15 | 73 | W | 35 | 4 |
|    | 228. Schaefer, Monika        | Polizei Bonn         | 1:21:26 | 56 | W | 55 | 2 |
|    | 229. Okamoto, Shinichi       | Manabi               | 1:21:34 | 50 | M | 60 | 9 |
|    | 230. Hoppe, Thomas           | Solingen             | 1:21:38 | 63 | M | 45 |   |
| 49 | 231. Miebach, Andrea         | Köln-Porz-Grengel    | 1:21:44 | 66 | W | 45 | 6 |
|    | 232. Bitzer, Traugott        | LSV Halver           | 1:21:58 | 67 | M | 40 |   |
| 41 | 233. Moga, Brono             | LG Hyski             | 1:22:12 | 52 | M | 55 |   |
| 17 | 234. Lammel, Georg           | Bergisch-Gladbach    | 1:22:32 | 63 | M | 45 |   |
| 50 | 235. Heisterkamp, Thomas     | Dönberg              | 1:22:35 | 68 | M | 40 |   |
| 42 | 236. Wichelhaus, Hans-Jürgen | Ajax Amsterdam       | 1:22:53 | 63 | M | 45 |   |
| 51 | 237. Schmitz, Markus         | Köln-Porz            | 1:23:06 | 80 | M | 30 |   |
| 14 | 238. Uphoff, Klaas           | LG RWE Power         | 1:23:29 | 61 | M | 50 |   |
| 28 | 239. Mermet, Andreas         | LAZ Puma Troisdorf/S | 1:23:34 | 59 | M | 50 |   |
| 29 | 240. Leffelsender, Thomas    | Freiwillige Feuerweh | 1:23:43 | 77 | M | 30 |   |
| 15 | 241. Kaulen, Andreas         | Haribo Solingen      | 1:23:48 | 68 | M | 40 |   |
| 43 | 242. Renner, Frauke          | Köln                 | 1:23:49 | 80 | W | 30 | 4 |
|    | 243. Hansen, Christoph       | Cologne Allblacks    | 1:23:49 | 65 | M | 45 |   |
| 52 | 244. Becker, Claus           | Köln                 | 1:23:58 | 49 | M | 60 |   |
| 10 | 245. Nuyken, Jochen          | TriCologne           | 1:23:59 | 61 | M | 50 |   |
| 30 | 246. Bolduan, Birgit         | Hildener AT          | 1:24:12 | 66 | W | 45 | 7 |
|    | 247. Heuschötter, Klaus      | Fifty Minutes        | 1:24:14 | 64 | M | 45 |   |
| 53 | 248. Fliegner, Robert        | Ajax Amsterdam       | 1:24:20 | 71 | M | 40 |   |
| 44 | 249. Benz, Ulrich            | Köln-Merheim         | 1:24:27 | 56 | M | 55 |   |
| 18 | 250. Liebelt, Jonny          | LLG 80 Nordpark Köln | 1:24:32 | 53 | M | 55 |   |
| 19 | 251. Hajek, Verena           | LG Donatus Erftstadt | 1:24:41 | 52 | W | 55 | 3 |
|    | 252. Mohr, Heike             | VFL Waldbreitbach    | 1:24:48 | 71 | W | 40 |   |
| 10 | 253. Wallrath, Hubertine     | LLG 80 Nordpark Köln | 1:24:52 | 55 | W | 55 | 4 |
|    | 254. Erhart, Michael         | Monheim              | 1:25:11 | 59 | M | 50 |   |
| 31 | 255. Spill, Marco            | Köln                 | 1:25:14 | 77 | M | 30 |   |
| 16 | 256. John, Gerd              | Gilden-Wölfe-Köln    | 1:25:31 | 41 | M | 70 | 1 |

|    |                             |                      |         |    |   |     |   |
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| 17 | 257. Bruns, Daniel          | Köln                 | 1:25:47 | 81 | M | 30  |   |
|    | 258. Rotscheidt, Doris      | Fifty Minutes        | 1:26:10 | 58 | W | 50  | 6 |
| 45 | 259. Schloemer, Randolf     | Köln                 | 1:26:14 | 71 | M | 40  |   |
| 54 | 260. Rieger, Herbert        | Campinglauf-Sahrtal  | 1:26:16 | 66 | M | 45  |   |
| 24 | 261. Mann, Heinrich         | Campinglauf Sahrtal  | 1:26:16 | 73 | M | 35  |   |
|    | 262. Spurzem, Jeanette      | Köln-Porz            | 1:26:18 | 57 | W | 50  | 7 |
| 20 | 263. Nidermajer, Sigfrid    | Köln-Porz            | 1:26:19 | 54 | M | 55  |   |
| 32 | 264. Braun, Reinhold        | Stolberg             | 1:26:20 | 58 | M | 50  |   |
| 21 | 265. Hansmann, Ulrich       | LT Ennert/Bonn       | 1:26:59 | 56 | M | 55  |   |
| 55 | 266. Winkler, Uwe           | SV o9/35 Wermelskirc | 1:27:08 | 65 | M | 45  |   |
| 11 | 267. Mauersberger, Silke    | Rösrath              | 1:27:25 | 68 | W | 40  |   |
|    | 268. Baum, Dr.Clemens       | Bergisch-Gladbach    | 1:27:26 | 41 | M | 70  | 2 |
| 33 | 269. Wüst, Gerhard          | Marathonfieber Krumh | 1:27:32 | 59 | M | 50  |   |
| 22 | 270. Schönhoff, Dr.Horst    | Team Laufcampus      | 1:27:33 | 54 | M | 55  |   |
| 18 | 271. Landes, Jochen Rüdiger | Köln                 | 1:27:44 | 78 | M | 30  |   |
| 34 | 272. Ferdinand, Markus      | BSG Airflow          | 1:28:07 | 59 | M | 50  |   |
| 46 | 273. Matthiessen, Raoul     | CM4ALL               | 1:28:16 | 68 | M | 40  |   |
| 11 | 274. Schmitz, Herbert       | Köln                 | 1:28:23 | 51 | M | 60  |   |
|    | 275. Bickendorf, Marion     | Running TV Bedburg   | 1:28:30 | 63 | W | 45  | 8 |
| 12 | 276. Ott, Claus             | LLG 80 Nordpark Köln | 1:28:42 | 51 | M | 60  |   |
| 18 | 277. Trautsch, Ines         | Bergheim             | 1:30:00 | 65 | W | 45  | 9 |
|    | 278. Emde, Christian        | TuS Medebach         | 1:30:18 | 84 | M | HK  |   |
| 25 | 279. Comut, Sascha          | Feuerwehr Köln       | 1:30:33 | 73 | M | 35  |   |
| 12 | 280. Kaiser, Susanne        | Remscheid            | 1:30:49 | 71 | W | 40  |   |
| 13 | 281. Gogarn, Ina            | Remscheid            | 1:30:50 | 70 | W | 40  |   |
| 35 | 282. Volkmer, Rainer        | LT Sommersberg       | 1:31:01 | 61 | M | 50  |   |
| 56 | 283. Karuth, Volker         | Köln-Porz            | 1:31:30 | 64 | M | 45  |   |
| 13 | 284. Komanek, Horst-Dieter  | Duisburg             | 1:31:46 | 50 | M | 60  |   |
|    | 285. Schnitzler, Patricia   | LLG 80 Nordpark Köln | 1:32:17 | 59 | W | 50  | 8 |
|    | 286. Marschall, Patricia    | LT Siebengebirge     | 1:32:36 | 73 | W | 35  | 5 |
|    | 287. Heller, Marlene        | Köln                 | 1:34:41 | 52 | W | 55  | 5 |
| 10 | 288. Weiler, Doris          | Marathonfieber Krumh | 1:34:49 | 65 | W | 45  |   |
| 57 | 289. Weiler, Horst          | Marathonfieber Krumh | 1:34:49 | 65 | M | 45  |   |
| 58 | 290. Poppe, Ralf            | Köln-Porz            | 1:36:24 | 62 | M | 45  |   |
|    | 291. Röhrig, Anna Lena      | Troisdorf            | 1:36:36 | 92 | W | JgA | 1 |
| 36 | 292. Röhrig, Thomas         | TroisdorfHotwheels   | 1:36:37 | 58 | M | 50  |   |

|    |                              |                      |         |    |      |   |
|----|------------------------------|----------------------|---------|----|------|---|
|    | 293. Penkert, Ulrike         | Deutscher Alpenverei | 1:36:38 | 50 | W 60 | 1 |
|    | 294. Braun, Birgit           | The Running Browiens | 1:37:29 | 64 | W 45 |   |
| 11 |                              |                      |         |    |      |   |
|    | 295. Philipp, Manfred        | Die Gildenwölfe      | 1:37:59 | 71 | M 40 |   |
| 47 |                              |                      |         |    |      |   |
|    | 296. Brückmann, Rainer       | Ohne Angabe          | 1:38:03 | 53 | M 55 |   |
| 23 |                              |                      |         |    |      |   |
|    | 297. Wilbert, Sylvia         | Vaselino Quattro     | 1:38:11 | 61 | W 50 | 9 |
|    | 298. Lopez de Quintana, Alon | Köln                 | 1:41:20 | 61 | M 50 |   |
| 37 |                              |                      |         |    |      |   |
|    | 299. Palfi, Mathilda         | LT Saaler Mühle      | 1:42:18 | 52 | W 55 | 6 |
|    | 300. Uebber, Dieter          | Köln-Porz            | 1:42:21 | 46 | M 65 | 4 |
|    | 301. Alflen, Monika          | LT Saaler Mühle      | 1:43:35 | 58 | W 50 |   |
| 10 |                              |                      |         |    |      |   |
|    | 302. Zimmer, Brigitte        | LT Saaler Mühle      | 1:43:35 | 57 | W 50 |   |
| 11 |                              |                      |         |    |      |   |
|    | 303. Schröder, Alexander     | SG Düren 99          | 1:44:44 | 74 | M 35 |   |
| 26 |                              |                      |         |    |      |   |
|    | 304. Zborowska, Beate        | Köln                 | 1:45:59 | 67 | W 40 |   |
| 14 |                              |                      |         |    |      |   |
|    | 305. Fester, Axel            | Köln                 | 1:46:01 | 63 | M 45 |   |
| 59 |                              |                      |         |    |      |   |

27. GSV Porz Winterserie 2011 - 2. Wettkampftag 06.02. \* 5.000 m N-Walking

| -----    |                     |                      |       |    |      |   |
|----------|---------------------|----------------------|-------|----|------|---|
| ---      |                     |                      |       |    |      |   |
| Pl       | Name, Vorname       | Verein/Ort           | Zeit  | Jg |      |   |
| Kl./Rang | -----               |                      |       |    |      |   |
| ---      |                     |                      |       |    |      |   |
| 1.       | Janasik, Tadeusz    | Team Lohmann Witten  | 34:30 | 61 | M 50 | 1 |
| 2.       | Weber, Josef        | Sternberg / Linz     | 35:47 | 52 | M 55 | 1 |
| 3.       | Meller, Barbara     | Nordic-Walkingtreff  | 35:56 | 63 | W 45 | 1 |
| 4.       | Köpcke, Horst       | NM Team Frechen Bach | 36:19 | 54 | M 55 | 2 |
| 5.       | Peter, Ronald       | HLG 98 Wuppertal     | 37:04 | 60 | M 50 | 2 |
| 6.       | Zühlsdorf, Horst    | Nordic-Walkingtreff  | 37:10 | 37 | M 70 | 1 |
| 7.       | Herrmann, Klaus     | Meddys LWT Koblenz + | 38:16 | 57 | M 50 | 3 |
| 8.       | Auweiler, Hermann   | Nordic-Walkingtreff  | 38:20 | 48 | M 60 | 1 |
| 9.       | Zühlsdorf, Erna     | Nordic-Walkingtreff  | 40:19 | 39 | W 70 | 1 |
| 10.      | Köpcke, Elisabeth   | NM Team Frechen Bach | 41:18 | 52 | W 55 | 1 |
| 11.      | Marx, Imke          | Nordic-Walkingtreff  | 41:33 | 66 | W 45 | 2 |
| 12.      | Joos, Norbert       | Nordic-Walkingtreff  | 41:34 | 52 | M 55 | 3 |
| 13.      | Tresemmer, Rainer   | GSV Porz Nordic-Walk | 42:07 | 51 | M 60 | 2 |
| 14.      | Rothe, Inge         | Nordic-Walkingtreff  | 44:34 | 38 | W 70 | 2 |
| 15.      | Schultheiß, Eveline | Meddys LWT Koblenz + | 45:03 | 60 | W 50 | 1 |
| 16.      | Schmitz, Ursula     | SV Rheinbreitbach    | 45:04 | 54 | W 55 | 2 |
| 17.      | Heinen, Britta      | Hahnerberger LG Wupp | 45:30 | 59 | W 50 | 2 |

27. GSV Porz Winterserie 2011 - 2. Wettkampftag 06.02. \* 5.000 m Walking

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|----------|---------------|-----------------|-------|----|------|---|
| ---      |               |                 |       |    |      |   |
| Pl       | Name, Vorname | Verein/Ort      | Zeit  | Jg |      |   |
| Kl./Rang | -----         |                 |       |    |      |   |
| ---      |               |                 |       |    |      |   |
| 1.       | Meyer, Adi    | Brühler TV 1879 | 36:21 | 34 | M 75 | 1 |

|                           |                      |       |    |   |    |   |
|---------------------------|----------------------|-------|----|---|----|---|
| 2. Girards, Rudolf        | SC Buchenhöhe Horrem | 36:22 | 38 | M | 70 | 1 |
| 3. Girards, Rosa          | SC Buchenhöhe Horrem | 36:28 | 39 | W | 70 | 1 |
| 4. Hüwe, Manfred          | TPSK-Rudern          | 39:32 | 57 | M | 50 | 1 |
| 5. Dorbach, Gertrud       | LT Dünnwalder TV     | 40:30 | 52 | W | 55 | 1 |
| 6. Hennecke, Gerd-Manfred | SV Bayer Leverkusen  | 41:14 | 36 | M | 75 | 2 |
| 7. Hünseler, Heidi        | Marathon Freunde Por | 41:17 | 50 | W | 60 | 1 |
| 8. Lenzen, Gisela         | Köln-Porz            | 42:09 | 61 | W | 50 | 1 |
| 9. Küpper, Ingrid         | Köln-Porz            | 42:30 | 55 | W | 55 | 2 |
| 10. Schmitz, Marion       | LT Dünnwalder TV     | 43:29 | 54 | W | 55 | 3 |