

# 18. Lauf Rund um den Fühlinger See

Ergebnisse Halbmarathon - Ford Freizeit Organisation - Gesamtliste Männer/Frauen

17. September 2006

edrukt 17.09.2006 15:00:12

## Männer

| Platz | St-Nr. | Name                  | JG | NAT | Verein*/Ort                  | AK  | AK-Pl. | Pos | Brutto  | Netto   | Min/km | km/h |
|-------|--------|-----------------------|----|-----|------------------------------|-----|--------|-----|---------|---------|--------|------|
| 1     | 635    | Iwanski, Georg        | 50 |     | FFO Saarlouis                | M55 | 1      | 1   | 1:20:41 | 1:20:40 | 3,49   | 15,7 |
| 2     | 636    | Leidinger, Patrick    | 77 |     | FFO Saarlouis                | MHK | 1      | 2   | 1:23:14 | 1:23:10 | 3,57   | 15,2 |
| 3     | 639    | Hoffmann, Jürgen      | 53 |     | FFO Saarlouis                | M50 | 1      | 3   | 1:26:55 | 1:26:50 | 4,07   | 14,6 |
| 4     | 641    | Kunze, Rolf           | 49 |     | FFO Saarlouis                | M55 | 2      | 4   | 1:28:37 | 1:28:31 | 4,12   | 14,3 |
| 5     | 583    | Sturch, Michael       | 69 |     | Nacktschneckenjäger          | M35 | 1      | 5   | 1:28:49 | 1:28:45 | 4,12   | 14,3 |
| 6     | 619    | Patermann, Ralf       | 68 |     | LG Wuppertal                 | M35 | 2      | 6   | 1:29:16 | 1:29:11 | 4,14   | 14,2 |
| 7     | 640    | Riehm, Helmut         | 66 |     | FFO Saarlouis                | M40 | 1      | 7   | 1:31:10 | 1:31:03 | 4,19   | 13,9 |
| 8     | 625    | Jenniges, Heinz Peter | 65 |     | LT Jugend 07                 | M40 | 2      | 8   | 1:31:36 | 1:31:32 | 4,20   | 13,8 |
| 9     | 216    | Inal, Halit           | 68 |     | Fitness Company Neuss        | M35 | 3      | 9   | 1:33:36 | 1:33:18 | 4,25   | 13,6 |
| 10    | 614    | Palm, Dirk            | 99 |     | FFO                          | M   | 0      | 10  | 1:33:43 | 1:33:33 | 4,26   | 13,5 |
| 11    | 592    | Sommer, Uwe           | 65 |     | *Köln                        | M40 | 3      | 11  | 1:34:30 | 1:34:15 | 4,28   | 13,4 |
| 12    | 360    | Ossowski, Christoph   | 67 |     | SC Myhl LA                   | M35 | 4      | 12  | 1:34:37 | 1:34:24 | 4,28   | 13,4 |
| 13    | 643    | Morawitz, Urban       | 70 |     | *Köln                        | M35 | 5      | 13  | 1:35:17 | 1:35:04 | 4,30   | 13,3 |
| 14    | 638    | Körner, Dirk          | 73 |     | FFO Saarlouis                | M30 | 1      | 14  | 1:35:33 | 1:35:29 | 4,32   | 13,3 |
| 15    | 584    | Walter, Michael       | 67 |     | Nacktschneckenjäger          | M35 | 6      | 15  | 1:35:35 | 1:35:31 | 4,32   | 13,3 |
| 16    | 94     | Duschaneck, Harald    | 63 |     | *Kürten                      | M40 | 4      | 16  | 1:35:58 | 1:35:47 | 4,32   | 13,2 |
| 17    | 299    | Malz, Jörg            | 70 |     | Laufnasen                    | M35 | 7      | 17  | 1:38:28 | 1:37:43 | 4,38   | 13,0 |
| 18    | 341    | Nerger, Andreas       | 64 |     | Weinor                       | M40 | 5      | 18  | 1:38:10 | 1:37:52 | 4,38   | 12,9 |
| 19    | 581    | Pott, Jens            | 64 |     | FFO                          | M40 | 6      | 19  | 1:38:01 | 1:37:58 | 4,39   | 12,9 |
| 20    | 637    | Schreyer, Klaus-D.    | 56 |     | FFO Saarlouis                | M50 | 2      | 20  | 1:38:20 | 1:38:12 | 4,39   | 12,9 |
| 21    | 536    | Weber, Stefan         | 66 |     | Lauffreff Morsbach           | M40 | 7      | 21  | 1:39:08 | 1:39:06 | 4,42   | 12,8 |
| 22    | 276    | Kuppler, Joachim      | 66 |     | FC Staberg                   | M40 | 8      | 22  | 1:40:14 | 1:39:25 | 4,43   | 12,7 |
| 23    | 608    | Tüting, Jochen        | 74 |     | FFO                          | M30 | 2      | 23  | 1:40:24 | 1:39:46 | 4,44   | 12,7 |
| 24    | 596    | Twyrdy, Bernhard      | 52 |     | FFO                          | M50 | 3      | 24  | 1:41:26 | 1:41:01 | 4,47   | 12,5 |
| 25    | 632    | Kahlke, Wolfgang      | 57 |     | Knick Fööss Köln             | M45 | 1      | 26  | 1:42:05 | 1:41:38 | 4,49   | 12,5 |
| 26    | 621    | Braun, Andreas        | 64 |     | SK Winterberg                | M40 | 9      | 27  | 1:43:14 | 1:42:48 | 4,52   | 12,3 |
| 27    | 610    | Gaarz, Stefan         | 74 |     | SportvorOrt                  | M30 | 3      | 28  | 1:43:35 | 1:43:21 | 4,54   | 12,2 |
| 28    | 603    | Wrobel, Manfred       | 62 |     | Ford                         | M40 | 10     | 29  | 1:43:49 | 1:43:24 | 4,54   | 12,2 |
| 29    | 591    | Schymezyk, Armin      | 65 |     | FFO                          | M40 | 11     | 30  | 1:45:39 | 1:45:04 | 4,59   | 12,0 |
| 30    | 626    | Wüstuba, Gerd         | 61 |     | *Solingen                    | M45 | 2      | 31  | 1:45:41 | 1:45:05 | 4,59   | 12,0 |
| 31    | 590    | Herzog, Christoph     | 58 |     | TSV Bayer 04 Leverkusen      | M45 | 3      | 32  | 1:46:07 | 1:45:32 | 5,00   | 12,0 |
| 32    | 593    | Ludwig, Jörg          | 70 |     | Polizei SV Köln              | M35 | 8      | 33  | 1:46:59 | 1:46:49 | 5,04   | 11,9 |
| 33    | 598    | Hirschmann, Ralf      | 63 |     | FFO                          | M40 | 12     | 34  | 1:47:04 | 1:46:51 | 5,04   | 11,8 |
| 34    | 601    | Geus, Karl-Heinz      | 49 |     | *Frechen                     | M55 | 3      | 35  | 1:49:09 | 1:47:23 | 5,05   | 11,8 |
| 35    | 600    | Büttgen, Frank        | 63 |     | Ford Köln                    | M40 | 13     | 36  | 1:48:32 | 1:47:27 | 5,06   | 11,8 |
| 36    | 644    | Rick, Manfred         | 57 |     | *Köln                        | M45 | 4      | 37  | 1:51:56 | 1:50:42 | 5,15   | 11,4 |
| 37    | 585    | Wust, Christoph       | 60 |     | Dauerlaufschule Köln         | M45 | 5      | 38  | 1:52:29 | 1:51:46 | 5,18   | 11,3 |
| 38    | 633    | Sincar, Nihat         | 59 | TUR | *Köln                        | M45 | 6      | 39  | 1:52:47 | 1:52:14 | 5,19   | 11,3 |
| 39    | 612    | Gutheil, Sascha       | 70 |     | Ford Köln                    | M35 | 9      | 40  | 1:54:04 | 1:52:45 | 5,21   | 11,2 |
| 40    | 642    | Damerow, Raymond      | 57 |     | *Hürth                       | M45 | 7      | 41  | 1:53:10 | 1:52:55 | 5,21   | 11,2 |
| 41    | 616    | Weischer, Guido       | 64 |     | *Bergisch Gladbach           | M40 | 14     | 42  | 1:53:24 | 1:52:55 | 5,21   | 11,2 |
| 42    | 622    | Godesberg, Paul       | 53 |     | Ford                         | M50 | 4      | 43  | 1:53:27 | 1:53:10 | 5,22   | 11,2 |
| 43    | 627    | Jeuck, Wilfried       | 44 |     | FFO                          | M60 | 1      | 44  | 1:55:51 | 1:54:58 | 5,27   | 11,0 |
| 44    | 702    | Neuhann, Stephan      | 53 |     | RTB Remscheid                | M50 | 5      | 45  | 1:56:26 | 1:55:45 | 5,29   | 10,9 |
| 45    | 137    | Genschel, Klaus       | 62 |     | *Erfstadt                    | M40 | 15     | 46  | 1:58:49 | 1:57:30 | 5,34   | 10,8 |
| 46    | 624    | Rogaischus, Holger    | 65 |     | *Köln                        | M40 | 16     | 47  | 1:58:12 | 1:57:45 | 5,35   | 10,7 |
| 47    | 630    | Bleyer, Jürgen        | 63 |     | *Bedburg                     | M40 | 17     | 48  | 1:58:46 | 1:57:46 | 5,35   | 10,7 |
| 48    | 628    | Bleichert, Adrian     | 79 |     | *Pulheim                     | MHK | 2      | 49  | 1:58:59 | 1:57:57 | 5,35   | 10,7 |
| 49    | 594    | Ludwig, Horst         | 35 |     | Polizei SV Köln              | M70 | 1      | 50  | 1:58:11 | 1:58:01 | 5,36   | 10,7 |
| 50    | 613    | Stumpf, Erik          | 66 |     | FFO                          | M40 | 18     | 51  | 1:59:50 | 1:58:24 | 5,37   | 10,7 |
| 51    | 631    | Meyer, Thomas         | 66 |     | *Köln                        | M40 | 19     | 52  | 1:59:44 | 1:58:45 | 5,38   | 10,7 |
| 52    | 586    | Burghardt, Stephan    | 61 |     | www.idaa.de                  | M45 | 8      | 53  | 2:00:37 | 1:59:08 | 5,39   | 10,6 |
| 53    | 183    | Heidmeyer, Dirk       | 61 |     | *Köln                        | M45 | 9      | 54  | 2:00:32 | 1:59:08 | 5,39   | 10,6 |
| 54    | 609    | Rost, Jörg            | 60 |     | *Pulheim                     | M45 | 10     | 55  | 2:00:11 | 1:59:11 | 5,39   | 10,6 |
| 55    | 535    | Wamper, Florian       | 81 |     | *Marburg                     | MHK | 3      | 56  | 2:01:24 | 1:59:25 | 5,40   | 10,6 |
| 56    | 611    | Rohlfing, Reinhold    | 54 |     | FFO                          | M50 | 6      | 57  | 2:02:17 | 2:01:43 | 5,46   | 10,4 |
| 57    | 96     | Düsterhöft, Stefan    | 75 |     | VW Audi Club Düsseldorf e.V. | M30 | 4      | 58  | 2:03:05 | 2:01:59 | 5,47   | 10,4 |
| 58    | 69     | Casari, Usama         | 76 |     | *Köln                        | M30 | 5      | 59  | 2:05:01 | 2:03:29 | 5,51   | 10,3 |
| 59    | 645    | Baumgarten, Florian   | 77 |     | FFO                          | MHK | 4      | 60  | 2:04:44 | 2:04:15 | 5,53   | 10,2 |
| 60    | 343    | Neuhaus, Dr. Gerd     | 65 |     | *Kerpen                      | M40 | 20     | 61  | 2:06:07 | 2:04:18 | 5,54   | 10,2 |
| 61    | 599    | Birk, Gottfried       | 52 |     | FFO                          | M50 | 7      | 62  | 2:09:47 | 2:09:34 | 6,09   | 9,8  |
| 62    | 629    | Hombach, Martin       | 62 |     | Ford Köln                    | M40 | 21     | 63  | 2:12:24 | 2:11:24 | 6,14   | 9,6  |
| 63    | 588    | Rübenach, Thomas      | 65 |     | *Troisdorf                   | M40 | 22     | 64  | 2:13:33 | 2:11:41 | 6,15   | 9,6  |
| 64    | 615    | Zielonka, Christian   | 69 |     | *Köln                        | M35 | 10     | 65  | 2:14:53 | 2:14:31 | 6,23   | 9,4  |
| 65    | 597    | Post, Jochen          | 66 |     | *Köln                        | M40 | 23     | 69  | 2:23:43 | 2:22:22 | 6,45   | 8,9  |

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## Frauen

| Platz | St-Nr. | Name              | JG | NAT | Verein*Ort          | AK  | AK-Pl. | Pos | Brutto  | Netto   | Min/km | km/h |
|-------|--------|-------------------|----|-----|---------------------|-----|--------|-----|---------|---------|--------|------|
| 1     | 607    | Bill, Ariane      | 66 |     | Staubwolke Dormagen | W40 | 1      | 25  | 1:42:12 | 1:41:26 | 4,48   | 12,5 |
| 2     | 410    | Rüther, Hildegard | 61 |     | *Düsseldorf         | W45 | 1      | 66  | 2:15:38 | 2:14:55 | 6,24   | 9,4  |
| 3     | 620    | Riehm, Anne       | 66 |     | FFO                 | W40 | 2      | 67  | 2:18:48 | 2:18:29 | 6,34   | 9,1  |
| 4     | 606    | Terwedow, Gabi    | 64 |     | *Hürth              | W40 | 3      | 68  | 2:21:03 | 2:19:35 | 6,37   | 9,1  |
| 5     | 740    | Delhasse, Yvonne  | 75 |     | Team-Geiss-t        | W30 | 1      | 70  | 2:28:54 | 2:28:34 | 7,03   | 8,5  |